

Rocket Scooter

Tests: Student Copy

Chapter Tests and Spiral Tests for Chapters 01–15

Final Tests A and B

No answers in this booklet

Companion to the Rocket Scooter College Textbook Edition

VerbonZone

Edition date: 2026-10-09 (review draft)

Each Chapter Test: 10 matching, 10 true or false, 10 fill in the blank, 10 multiple choice, 10 essay.

Each Spiral Test: 4 of each style on all earlier chapters. Final Tests: 10 of each style on the whole book.

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Chapter 01 Test: What Is Rocket Scooter

Chapter 01: What Is Rocket Scooter

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Rocket Scooter	_____	A. A simplified overnight, open, mid-session, and late pattern of habits, not a rigid checklist
2.	Platform	_____	B. A platform plus a playbook: HV pivots, RI, HP and MHP, gap tools, and strength reads
3.	Strategy	_____	C. VARIS, ARB, and Bookmap or order flow used as optional confluence

No.	Term	Answer	Description
4.	Community overlays	_____	D. Alert at a level, decide with confluence, size small until edge shows
5.	Confluence	_____	E. The midpoint between the open and the prior close
6.	Day-shape	_____	F. How you use the numbers: wait for price at a level, read confluence, size, and manage risk
7.	Rocket or yellow levels	_____	G. Publishes the numbers and lines: RI, DD, overnight and dynamic HP, MHP, HV pivots, scanners
8.	Half-gap	_____	H. Static RI pivots from the platform's daily math
9.	DD bands	_____	I. Agreement among independent reads that grades size
10.	Mechanical backbone	_____	J. Predicted high-volume pivots

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ Rocket Scooter is described as both a trading platform and a way of reading the day.
2. _____ Matt presents Rocket Scooter as a black-box signal service.

3. _____ The material mostly fits traders who day-trade index futures such as NQ and ES.
4. _____ Risk interval is a Bollinger-style standard deviation band.
5. _____ VARIS is listed as a community overlay, while RI and DD come from the platform.
6. _____ Open-drive longs are a default habit in the year-one corpus.
7. _____ “Often smaller size late in the day” is this book’s study suggestion, not a quoted rule from Matt.
8. _____ Formal prop-firm compliance is one of the strongest topics after a full year of streams.
9. _____ **Setup:** The fancy confluence tools are down this morning, but your yellow lines and half-gap marks are on the chart. The chapter says you can still trade yellow lines and half-gaps as support and resistance.
10. _____ **Setup:** Price reaches a yellow line and you have not checked any confluence. Chapter 01 says to size up right away because yellow lines are the headline feature.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. VWAP stands for volume-weighted _____ price.
2. The yellow “rocket” lines are predicted _____ pivots.
3. MHP stands for monthly _____ pressure.
4. Risk interval is tied to CME _____ math.
5. VWAP is the center line for the _____ bands.
6. Half-gap is the midpoint between the open and the prior _____.

7. On stream Matt walks through which level, what confluence, and what _____.
8. The mechanical backbone is: alert at a level, decide with confluence, size _____ until edge shows.
9. The full stack is levels plus VWAP and VARIS plus _____.
10. Teaching is thinner on formal prop-firm compliance, open-drive theory, and _____-only setup.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. Which of these is a platform piece rather than a community overlay?
 - A. DD bands
 - B. VARIS bands
 - C. Bookmap
 - D. ARB
2. Which instruments does this material mostly fit?
 - A. Currency pairs only
 - B. Options chains only
 - C. Individual stocks only
 - D. NQ and ES index futures, often with MNQ and MES
3. How does Chapter 01 frame risk interval?
 - A. A volume profile from yesterday
 - B. A distance tied to CME margin and margin-call framing
 - C. A standard deviation of price
 - D. A moving average of closes

4. Which topic is listed as thinner, even after about 316 videos?
- A. Half-gap and gap-fill
 - B. Rocket and HV levels
 - C. VWAP and VARIS
 - D. Open-drive theory
5. In the simplified day-shape, what usually happens mid-session?
- A. Waiting for overnight levels to publish
 - B. Trading rocket levels and VARIS band-to-band with ARB and resilience as filters
 - C. Pulling the RI number for the first time
 - D. Buying every opening drive
6. What does the strategy add that the platform does not?
- A. The HV pivots
 - B. The RI number
 - C. How you wait, filter, and size
 - D. The scanners
7. Which ARB use is mentioned in Chapter 01?
- A. It replaces all levels
 - B. It anchors VWAP
 - C. It is also used as a scalping tell
 - D. It publishes the RI number

8. Setup: Before the cash open you see a gap from the prior close. In the day-shape, what do you note into the cash open?

- A. Gap versus prior close, half-gap, DD and MHP, and where VWAP will start mattering
- B. Nothing until midday
- C. Only order flow
- D. Only late-day levels

9. Setup: It is the first hour of the session. Which question does the day-shape say decides the story?

- A. Which host is on stream
- B. How large yesterday's volume profile was
- C. Gap-fill, hold half-gap, or reclaim or lose VWAP
- D. Whether to buy every open drive

10. Setup: A classmate wants only entry signals and ignores sizing. Which correction fits Chapter 01 best?

- A. Rocket Scooter is not a black box; confluence grades size, and you stay small until edge shows
- B. Signals are all you need, so size does not matter
- C. Ignore VWAP and use only ARB
- D. Size up on every yellow line

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain the difference between the platform, the strategy, and community overlays. Give one example of each.

2. Describe the simplified day-shape from overnight through late day. Why does the book say it is not a rigid script?
3. Why is it useful that yellow lines and half-gaps can still be traded when confluence tools are down?
4. List the year-one strong topics and thin topics, and explain how a student should treat each kind differently.
5. Explain why “not a black-box signal service” is an important framing for a student of this textbook.
6. How would you explain “platform vs strategy” to a classmate who only wants entry signals?
7. Explain the core vocabulary preview in Chapter 01 by defining any five of its terms.
8. Which part of the day-shape is most likely to fail if overnight levels have not refreshed? Explain.
9. Why does Chapter 01 say “confluence grades size more than FOMO does”? Explain using the mechanical backbone.
10. Explain why the book labels “smaller size late in the day” as its own suggestion, and what that teaches about reading the textbook.

Chapter 01 Spiral Test

After Chapter 01: What Is Rocket Scooter

Covers: the Front Matter (Chapter 00) only. Chapter 01 has no earlier chapter, so this Spiral Test reviews the Front Matter.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Year-one corpus	_____	A. Automatic speech recognition (YouTube captions), imperfect for trading jargon
2.	VerbonZone	_____	B. A YouTube URL with &t=SECONDS that lands near a teaching moment
3.	Watch link	_____	C. Matt's streams from roughly 2025-09-16 through 2026-09-18
4.	ASR	_____	D. The public study shelf for lookups, lectures, and this textbook

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ Watch link timestamps come from auto-captions and can be a few seconds off.
2. _____ This textbook is a dump of stream transcripts.
3. _____ Stream RI callouts such as NQ about 288 are fixed defaults you can reuse every day.
4. _____ **Setup:** A Watch link lands a few seconds before the teaching moment. The front matter says to scrub a few seconds or open the matching lookup page before deciding the clip is wrong.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. Auto-captions often mishear _____ as “varus,” “various,” or “Varys.”
2. Thin topics include prop rules, open-drive theory, and _____-only curriculum.
3. A well-covered topic is called thick; a limited-evidence topic is called _____.
4. The textbook is educational synthesis and is _____ financial advice.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Who is the source teacher for this textbook?
 - A. An anonymous Discord user
 - B. Brad
 - C. Matt (Futures Trading with Matt / Rocket Scooter community)
 - D. A prop firm
2. Which half-gap page is listed as a live video lecture?
 - A. lecture-confluence.txt
 - B. lecture-half-gap.txt
 - C. lecture-vwap.txt
 - D. lecture-gap-fill.txt
3. How should you watch the Watch links, according to the front matter?
 - A. With the sound off
 - B. With your chart open and the same marks Matt is discussing
 - C. Only after finishing the whole book
 - D. At double speed to save time
4. **Setup:** You are mid-session and forget a definition. Which VerbonZone page is the one-hop lookup index?
 - A. rs-lookup.txt
 - B. lecture-half-gap.txt
 - C. dd-bands.txt
 - D. rocket-scooter-textbook.txt

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain what this textbook is and what it is not.

2. Why does the ASR caveat matter for a student reading quotes and watching clips?
3. What does “thin topics stay thin” mean, and which topics does the front matter name?
4. Describe the three caveats that apply to every chapter.

Chapter 02 Test: Platform Setup Essentials

Chapter 02: Platform Setup Essentials

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	RARI / RI column	_____	A. Indications computed on a server and streamed to the platform (architecture context)
2.	DD column / DD bands	_____	B. Optional order-flow tool used as confluence
3.	Overnight / dynamic levels	_____	C. Platform table field holding today's risk-interval number per instrument
4.	Carrot / expand control	_____	D. What you do to the platform when you need a new RI number after the data rolls

No.	Term	Answer	Description
5.	Rocket Scooter Discord	_____	E. Whether overnight data is included; changes how VARIS looks
6.	VARIS	_____	F. Static RI-based daily pivots published beside RI
7.	Server-side indication	_____	G. Community indicator around VWAP that needs the RI number to plot correctly
8.	Refresh	_____	H. Small control at the bottom of the platform used to open the RI and DD table
9.	VWAP session handling	_____	I. Overnight HV and HP lines that must refresh before you invent marks
10.	Bookmap	_____	J. First stop for setup help: platform setup channel, then tech support

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ Rocket Scooter as used on stream is a web or server-side platform.
2. _____ VARIS can be plotted correctly without any RI number.
3. _____ When someone asked for step-by-step setup help, they were pointed to the Rocket Scooter Discord, platform setup first, then tech support.
4. _____ This chapter is a complete install guide for every broker and chart plugin.

5. _____ The RI number is read from the RARI / RI column of the platform table.
6. _____ The server-side indication streaming is a checklist step you must complete before trading.
7. _____ Static structures such as DD and RI from the prior close still exist even when overnight HV lines are late.
8. _____ The chart stack in this chapter is a single mandated template that everyone must use.
9. _____ **Setup:** It is the bell and the overnight levels have not appeared on the platform. Chapter 02 says to draw your best guess of where they will be.
10. _____ **Setup:** You plotted RI this morning, and later the platform rolls new data. Refreshing the platform to get the new RI number is the correct step.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. To open the RI table, click the small _____ (expand) control at the bottom of the platform.
2. For first-time setup help, start in the Discord channel called platform _____.
3. If still stuck after platform setup, go to the _____ channel.
4. The RI column is often labeled _____ / RI.
5. DD bands are _____ structures, not dynamic ones.
6. When overnight levels are late at the bell, you should _____ rather than invent them.

7. Hosts sometimes note caching of the wrong day's _____ or overnight data.
8. Prefer the overnight MHP and overnight levels when the platform has _____ correctly.
9. Overnight inclusion in _____ changes how VARIS looks.
10. Bookmap is an optional _____ tool used as confluence.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. Which of these does the platform publish, according to Chapter 02?
 - A. A finished trade plan
 - B. Risk interval numbers per instrument
 - C. Prop-firm rules
 - D. Your broker's account balance
2. Where is the risk interval / DD band section found?
 - A. In the chart's drawing toolbar
 - B. On the YouTube video description
 - C. In the table opened from the carrot control at the bottom of the platform
 - D. In a separate Excel file emailed daily

3. Why does Chapter 02 teach how numbers are used rather than every install path?

- A. Setup help is Discord-first and there was not always one dedicated walkthrough video
- B. Every broker uses the same plugin
- C. Matt does not use a chart
- D. Installing is forbidden

4. Which is NOT listed in the chart stack people use with the platform?

- A. DD bands
- B. VWAP
- C. Half-gap and gap-fill marks
- D. A fixed set of Bollinger standard deviation bands

5. What is the main teaching takeaway about overnight-level caching quirks?

- A. Invent levels from memory
- B. Ignore overnight levels entirely
- C. Always use yesterday's MHP
- D. Prefer refreshed overnight levels and wait if they are missing

6. What makes the platform-setup index topic weaker as a beginner guide?

- A. Many hits are live troubleshooting rather than a beginner install guide
- B. It covers only gold
- C. It is about options only
- D. It has fewer than ten hits

7. Which instruments are named as rows you might read in the RI column?
- A. Only individual stocks
 - B. Only bonds
 - C. NQ, ES, MNQ, MES, and gold
 - D. Only Bitcoin
8. **Setup:** A new student signed up but cannot find the RI table. What should you tell them first?
- A. Use the RI from a video last month
 - B. Open the platform, click the carrot at the bottom, open the table, go to the risk interval / DD band section, and read the RARI / RI column
 - C. Calculate a standard deviation instead
 - D. Ask a prop firm for the number
9. **Setup:** Two minutes after the bell, overnight HV lines still have not published. What still exists on your chart?
- A. Static structures such as DD and RI from the prior close
 - B. Only last week's overnight lines
 - C. Only Bookmap
 - D. Nothing at all, so you must guess
10. **Setup:** A classmate's VARIS bands look different from yours even though you both used today's RI. What is the first setup item to check?
- A. The broker's commission
 - B. The chart's font size
 - C. The color of the bands
 - D. How each chart handles the VWAP session and overnight data

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. List what the Rocket Scooter platform publishes and explain why VARIS depends on it.
2. Describe the step-by-step path to read today's risk interval.
3. What should you do when overnight levels are late or cached wrong, and why?
4. Describe a minimum chart stack that works with the platform numbers.
5. Explain why first-time setup help is Discord-first and what that means for how you use this chapter.
6. Why does inventing overnight levels when the platform is late create a false sense of precision?
7. Which column do you read for today's RI, and why must you re-check after a refresh?
8. How would you help a classmate who signed up but cannot find the RI table?
9. Explain the difference between a troubleshooting hit in the index and a full install curriculum.
10. Explain what the "architecture color" about server-side indications tells you, and why it is not a setup step.

Chapter 02 Spiral Test

After Chapter 02: Platform Setup Essentials

Covers: all earlier material, the Front Matter and Chapter 01.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Day-shape	_____	A. Numbers and lines versus how you wait, filter, and size (Ch. 01)
2.	Thick topic	_____	B. Simplified overnight, open, mid, and late pattern of habits (Ch. 01)
3.	Platform vs strategy	_____	C. Automatic speech recognition captions that mishear trading jargon (Ch. 00)
4.	ASR	_____	D. A well-evidenced concept in the year-one index (Ch. 00)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ The front matter says the textbook is not a dump of stream transcripts.
2. _____ Chapter 01 lists VARIS as a platform number.
3. _____ RI numbers heard on stream are day examples, not fixed defaults.
4. _____ **Setup:** Your confluence tools are down. Chapter 01 says you cannot trade at all on such a day.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. The corpus window runs from about 2025-09-16 to _____.
2. Rocket or yellow levels are predicted _____ pivots.
3. Half-gap is the midpoint between the open and the prior _____.
4. Confluence grades _____ more than FOMO does.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which of these is a community overlay?
 - A. HV pivots
 - B. ARB
 - C. DD bands
 - D. MHP

2. Which is a thin topic named in both the front matter and Chapter 01?
- A. Risk interval
 - B. Half-gap
 - C. Open-drive theory
 - D. VWAP
3. What is a Watch link?
- A. A broker login page
 - B. A prop-firm rulebook
 - C. A YouTube URL with a time marker that lands near a teaching moment
 - D. A link to buy the platform
4. **Setup:** You open a Watch link and the clip lands on unrelated chatter. What does the book suggest first?
- A. Trust the captions word for word
 - B. Report the clip as wrong immediately
 - C. Skip the topic entirely
 - D. Scrub a few seconds or open the matching lookup or lecture page

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain why RI numbers heard on stream must not be copied as defaults.
2. Describe the minimum stack you can trade when confluence tools are down, and connect it to the idea of thick topics.
3. Explain the mechanical backbone in Chapter 01 and why it suits a student.
4. Why does the textbook use Watch links with charts open instead of asking you to watch whole streams?

Chapter 03 Test: VWAP as a Line of Interest

Chapter 03: VWAP as a Line of Interest

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	VWAP	_____	A. One hour of journaling only above, below, reclaim, or lose
2.	Line of interest	_____	B. Whether overnight volume is included in VWAP; changes VARIS geometry
3.	Containment	_____	C. “A little below VWAP, I’m out”
4.	Session / overnight handling	_____	D. Price tending to respect VWAP plus or minus RI (dynamic) or DD (static)

No.	Term	Answer	Description
5.	VWAP plus or minus RI	_____	E. What the VWAP flanks are, instead of standard-deviation bands
6.	Half and full risk intervals	_____	F. Textbook phrase for VWAP as magnet and bias hinge
7.	Reclaim or lose VWAP	_____	G. Community indicator Matt highlights; same principle as DD bands but dynamic
8.	Stop near VWAP	_____	H. Volume-weighted average price; the center line of the session
9.	Targets	_____	I. A live decision point and trigger
10.	Practice drill	_____	J. Usually the next VARIS band, half-gap, or rocket level, not VWAP alone

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ In this playbook VARIS bands are risk-interval distances above and below VWAP.
2. _____ The flanks around VWAP in this playbook are standard-deviation bands.
3. _____ Two charts can show different VARIS bands because of how overnight data is included in VWAP.
4. _____ Matt usually uses VWAP alone as his trade target.

5. _____ Matt describes the containment of price by VWAP plus or minus RI as “uncanny.”
6. _____ Matt always calls VWAP “fair value.”
7. _____ The practice drill asks you to journal for one hour without adding new indicators.
8. _____ VWAP alone is presented as the whole trade.
9. _____ **Setup:** Price keeps falling through the lower side of VWAP plus or minus RI. Chapter 03 says size goes smaller in that situation.
10. _____ **Setup:** Price is consolidating under a flat VWAP while other indexes disagree. Chapter 03 says Matt becomes less willing to lean long in that spot.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. VWAP stands for volume-_____ average price.
2. The textbook calls VWAP the session’s line of _____.
3. On stream, VWAP acts as the magnet and the bias _____.
4. VWAP plus or minus RI is the same principle as _____ bands, but dynamic around VWAP.
5. Stops are sometimes parked “a little _____ VWAP.”
6. Before comparing bands with a streamer, know your chart’s _____ settings.
7. The four journal states are above, below, reclaim, and _____.
8. In the drill, after one hour you add one confluence read, such as ARB or _____.

9. The flanks are half and full risk intervals, not standard-_____ bands.
10. VARIS depends on VWAP and _____ handling.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. What is VWAP's role in the Rocket Scooter playbook?
 - A. A prop-firm rule
 - B. The center line everything else hangs on
 - C. A momentum oscillator
 - D. A replacement for all levels
2. What is "containment" in Chapter 03?
 - A. Price never moving
 - B. A volume spike
 - C. Price tending to respect VWAP plus or minus RI distances
 - D. A stop-loss order type
3. What most often makes VARIS look different on two charts?
 - A. Different monitors
 - B. Different colors
 - C. How overnight data is included in VWAP
 - D. Different brokers' fees

4. Which is a common live use of VWAP listed in the chapter?
- A. Bias hinge and reclaim or lose trigger
 - B. Setting the RI number
 - C. Publishing HV pivots
 - D. Measuring the new-week half-gap
5. Which pairing is listed as a stronger read than VWAP alone?
- A. VWAP plus a rocket or yellow level
 - B. VWAP plus a hunch
 - C. VWAP plus a news headline
 - D. VWAP plus a random tick
6. In the practice drill, what do you do in the first hour?
- A. Trade every VWAP touch at full size
 - B. Watch a full stream instead
 - C. Add five new indicators
 - D. Journal only above, below, reclaim, or lose
7. Where are targets usually placed in Matt's live habits?
- A. At a random round number
 - B. The next VARIS band, half-gap, or rocket level
 - C. Wherever the last candle closed
 - D. Exactly at VWAP every time

8. Setup: You are short after a push into structure off VWAP. Where does the chapter say stops are sometimes parked?

- A. No stop is needed
- B. A little beyond VWAP
- C. At yesterday's low
- D. At the opposite outer band every time

9. Setup: Price is sliding repeatedly through the lower VWAP plus or minus RI side. What does the chapter say about size?

- A. Size stays the same no matter what
- B. Size goes larger
- C. Close the platform
- D. Size goes smaller

10. Setup: A streamer's bands do not match yours. Before arguing about where VARIS is, what should you compare first?

- A. Your favorite instruments
- B. Your chart colors
- C. Your VWAP session and overnight settings
- D. Your account sizes

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain why the book calls VWAP the “line of interest” and the “bias hinge.”
2. Explain VWAP plus or minus RI containment and how it differs from standard-deviation bands.

- 3.** Why do two traders sometimes disagree about where VARIS is? What should they do?
- 4.** Describe how Matt uses VWAP in live decisions, including entries, stops, and targets.
- 5.** Design the one-hour VWAP journal drill and explain what it teaches.
- 6.** When is fading at VWAP more justified than fading a random mid-range tick?
- 7.** How does consolidating under a flat VWAP change long aggressiveness in Matt's habits?
- 8.** Why might size shrink when price keeps slicing through the lower VWAP plus or minus RI side?
- 9.** List the four stronger reads that pair VWAP with structure and explain one in detail.
- 10.** Design a one-hour journal template with the four VWAP states and explain how you would use it.

Chapter 03 Spiral Test

After Chapter 03: VWAP as a Line of Interest

Covers: all earlier material, the Front Matter and Chapters 01 to 02.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Carrot / expand control	_____	A. Static RI-based daily pivots published beside RI (Ch. 02)
2.	Confluence	_____	B. Public study shelf for lookups, lectures, and this textbook (Ch. 00)
3.	VerbonZone	_____	C. UI control at the bottom of the platform that opens the RI and DD table (Ch. 02)
4.	DD column / DD bands	_____	D. Agreement among independent reads that grades size (Ch. 01)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ VARIS needs today's RI number from the platform (or a streamer or Discord) to plot correctly.
2. _____ Formal prop-firm compliance is a thick topic in the year-one corpus.
3. _____ **Setup:** Overnight levels are missing at the bell. Chapters 01 and 02 support waiting rather than inventing them, while still using static structures like DD.
4. _____ **Setup:** A student copies last month's RI number onto today's chart because it came from a stream. The front matter says this is fine.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. The RI number is read from the _____ / RI column.
2. For setup help, start with the Rocket Scooter _____.
3. Rocket Scooter is both a trading platform and a way of reading the _____.
4. YouTube captions are produced by _____, which is imperfect for jargon.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. In Chapter 01, which piece is the “strategy”?
 - A. The RI column
 - B. The HV pivots
 - C. Waiting for price at a level, reading confluence, and managing risk
 - D. The scanners
2. Which control opens the platform table with the RI section?
 - A. The carrot / expand control at the bottom
 - B. A YouTube timestamp
 - C. The Discord login
 - D. The chart’s zoom button
3. Which is NOT one of the three caveats that apply to every chapter?
 - A. RI numbers change
 - B. Thin topics stay thin
 - C. Not financial advice
 - D. Every gap fills by the close
4. **Setup:** Your platform rolls new data during the morning. What should you do before plotting bands again?
 - A. Use a standard deviation
 - B. Keep the old number
 - C. Refresh the platform and re-read the RI number
 - D. Average the last five RI numbers

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Connect the day-shape in Chapter 01 with the overnight-level refresh issues in Chapter 02.
2. Explain why VARIS is called a community overlay and why it still depends on the platform.
3. Explain how the textbook handles thin topics, using examples from the front matter and Chapter 02.
4. Describe how a student should study a new chapter using the tools in the front matter.

Chapter 04 Test: Half-Gap and Gap Structure

Chapter 04: Half-Gap and Gap Structure

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Half-gap	_____	A. Trading half-gaps and yellows as support and resistance without the full confluence stack
2.	New-week half-gap	_____	B. Hold or build language when confluence supports staying at the midpoint
3.	Float at half-gap	_____	C. Often plays as a place to build or float
4.	Gap structure	_____	D. The lecture's risk reminder to watch before you size up

No.	Term	Answer	Description
5.	Pure S/R	_____	E. The question you ask at half-gap
6.	Full fill	_____	F. Midpoint between Friday's close and Sunday's open
7.	Fill, float, or fail	_____	G. The space between prior close and open in which half-gap and fill live
8.	Positive resilience at half-gap	_____	H. Midpoint between the prior session close and today's open
9.	Negative resilience at half-gap	_____	I. Price returning all the way to the prior close
10.	Caution clip (item 8)	_____	J. Treat the midpoint more carefully as resistance or gap-fill fuel

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ Half-gap is the midpoint between the prior session close and today's open.
2. _____ The new-week half-gap uses Monday's open and Monday's close.
3. _____ Matt uses half-gap as support or resistance, a target, and a confluence anchor.
4. _____ ES and NQ always agree at half-gap.
5. _____ Matt still trades half-gap as pure S/R when fancy confluence tools are down.

6. _____ Matt says he takes open, close, or half-gap trades with resilience alone.
7. _____ Chapter 04 expands the VerbonZone lecture page lecture-half-gap.txt into full textbook form.
8. _____ The usual day-gap frame runs from the prior 9:30 open to the 4:00 p.m. close.
9. _____ **Setup:** Price reaches half-gap with positive resilience and positive ARB. The chapter says “float” or hold stories often appear in this situation.
10. _____ **Setup:** Price taps half-gap with no other confluence on the chart. Chapter 04 says this is a good time to size up because half-gap is a strong level.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Half-gap is the _____ between prior close and open.
2. The new-week half-gap runs from Friday close to _____ open.
3. At half-gap, ask: fill, float, or _____?
4. “Float at half-gap” describes hold or _____ language.
5. Full gap-fill returns price to the prior _____.
6. Trading half-gaps and yellows without the full stack is called pure _____.
7. With _____ resilience, half-gap often plays as a place to build or float.
8. ARB going negative while price rises can mean stocks already _____ half-gap.
9. The sister idea of half-gap, covered in Chapter 05, is _____.

10. Before sizing up, add confluence such as VWAP, rocket or HV, VARIS, or resilience and _____.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

- 1.** What are the first three steps of the half-gap marking procedure?
 - A.** Mark prior close, mark the open, mark the midpoint
 - B.** Mark the high, mark the low, mark the close
 - C.** Mark VWAP, mark RI, mark DD
 - D.** Mark MHP, mark HP, mark the open
- 2.** Which of these is NOT listed as a way half-gap shows up on stream?
 - A.** Context with ARB and resilience
 - B.** A scalp or swing target
 - C.** Support or resistance
 - D.** A guaranteed reversal point
- 3.** What does negative resilience at half-gap suggest?
 - A.** Always buy aggressively
 - B.** The gap has already filled
 - C.** Treat it more carefully as resistance or gap-fill fuel
 - D.** Ignore half-gap
- 4.** How does the book describe the gap?
 - A.** A single price line at VWAP
 - B.** A region between prior close and open, with half-gap in the middle
 - C.** The distance between two VARIS bands
 - D.** The overnight high to low

5. Which chapter covers overnight and Globex context, according to Chapter 04?
- A. Chapter 03
 - B. Chapter 15
 - C. Chapter 12
 - D. Chapter 07
6. What is the first step of the student path from the lecture?
- A. Read the one-liner and how-to
 - B. Skip to the confluence clip
 - C. Trade a half-gap live
 - D. Watch the caution clip
7. What should you do before sizing up at half-gap?
- A. Remove all indicators
 - B. Add confluence such as VWAP, rocket or HV, VARIS, or ARB and resilience
 - C. Wait for the next week
 - D. Double size immediately
8. **Setup:** NQ has tagged half-gap but ES has not. What does Chapter 04 suggest?
- A. Ignore ES completely
 - B. Assume both have tagged it
 - C. Size up on both
 - D. Compare indexes before sizing a “market” opinion

9. Setup: ARB turns negative while index price is still rising toward half-gap. What might this mean?

- A. A new week has started
- B. Stocks already tagged half-gap and momentum quality changed
- C. The platform is broken
- D. RI has changed

10. Setup: It is Monday morning. Which extra half-gap might you mark from the weekend?

- A. A half-gap between Monday high and low
- B. A half-gap between two VARIS bands
- C. No extra mark exists
- D. The new-week half-gap between Friday close and Sunday open

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Define half-gap and the new-week half-gap, and explain how to mark each.
2. Describe the six-step student procedure for half-gap and explain the purpose of the “fill, float, or fail” question.
3. How does resilience change the way Matt reads half-gap?
4. Why can half-gap remain useful when confluence tools are offline, and what limit does the chapter place on lone taps?
5. Explain why ES and NQ disagreeing at half-gap matters to a trader.
6. Draw today’s half-gap from the six-step procedure. Explain where students usually hesitate and why.

7. After watching the caution clip, when would you refuse a half-gap scalp despite a clean midpoint?
8. How does the new-week half-gap differ from the ordinary day half-gap in construction?
9. Explain the “gap structure space” and how half-gap and full fill sit inside it.
10. Explain the student path from the lecture and why the caution clip comes before sizing up.

Chapter 04 Spiral Test

After Chapter 04: Half-Gap and Gap Structure

Covers: all earlier material, the Front Matter and Chapters 01 to 03.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Line of interest	_____	A. Platform plus playbook: HV pivots, RI, HP and MHP, gap tools, strength reads (Ch. 01)
2.	RARI / RI column	_____	B. Textbook phrase for VWAP's role as magnet and bias hinge (Ch. 03)
3.	Rocket Scooter	_____	C. Well-covered versus limited-evidence concepts in the year-one index (Ch. 00)
4.	Thick / thin topic	_____	D. Platform field holding today's RI per instrument (Ch. 02)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ VARIS flanks are half and full risk intervals, not standard-deviation bands.
2. _____ Chapter 02 says to invent overnight levels if they are late at the bell.
3. _____ **Setup:** Your VARIS bands do not match a streamer's bands. Checking VWAP overnight handling is a sensible first step.
4. _____ **Setup:** Your confluence tools are offline. Chapter 01 says the only correct choice is to sit out because VWAP cannot be used.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. VWAP plus or minus RI is the same principle as _____ bands, but dynamic.
2. To find the RI table, click the _____ at the bottom of the platform.
3. In Chapter 01 the platform publishes numbers; the _____ is how you wait, filter, and size.
4. Captions often mishear VARIS as “varus,” “various,” or “_____.”

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which is a live use of VWAP from Chapter 03?
 - A. Stop reference a little beyond VWAP
 - B. Calculating margin
 - C. Publishing the RI number
 - D. Setting the new-week half-gap
2. What does the platform publish beside RI?
 - A. Option chains
 - B. A list of trades to take
 - C. Prop-firm scores
 - D. DD columns and bands
3. Which is a strong year-one topic?
 - A. VWAP plus RI and VARIS
 - B. Open-drive theory
 - C. Micros-only setup
 - D. Formal prop compliance
4. **Setup:** You are journaling price for one hour using only VWAP. Which four states do you record?
 - A. Open, high, low, close
 - B. Above, below, reclaim, lose
 - C. Buy, sell, hold, exit
 - D. Fill, float, fail, flat

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain how VWAP (Ch. 03) and the RI number from the platform (Ch. 02) combine to make VARIS.
2. Compare what the platform gives you (Ch. 01, 02) with what you must decide yourself.
3. Why does the textbook warn so often about using fresh numbers and refreshed levels?
4. Explain why “VWAP alone is not the whole trade” fits the Chapter 01 idea of confluence.

Chapter 05 Test: Gap-Fill

Chapter 05: Gap-Fill

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Gap-fill	_____	A. One index fills while another holds; compare before sizing
2.	Gap-fill scalp	_____	B. Fill used as the day's main plan when confluence and the wider story support it
3.	Gap-fill predictor framing	_____	C. Return of price toward the prior close or gap reference, closing the opening gap
4.	Index divergence	_____	D. Treat the prior close like a yellow line and the half-gap like a red line (one clip)

No.	Term	Answer	Description
5.	Equities gap	_____	E. Matt’s on-stream name for resilience; a polarity read, not a guarantee
6.	Futures gap	_____	F. Above zero points up, below zero points down
7.	Polarity (resilience)	_____	G. Counts of mentions, not lessons
8.	Big-gap technique	_____	H. Small, structure-based attempt to capture the fill without a full-session plan
9.	Index hits	_____	I. About 4:00 p.m. Eastern close to the 9:30 Eastern open
10.	Main-plan fill	_____	J. Gap created when Globex closes and reopens about an hour later

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

- _____ Gap-fill means price returning toward the prior close so that the opening gap is closed.
- _____ The futures gap is what resilience talk means by “gap fill.”
- _____ Matt calls resilience “my gap fill predictor.”
- _____ Chapter 05 states a firm rule that negative resilience always means fill pressure.
- _____ ES and NQ can disagree: one fills while the other does not.
- _____ Chapter 05 claims that every gap fills.

7. _____ Matt said “there’s more to index value than just the gap-fill arbitrage.”
8. _____ The big-gap technique is backed by many clips and can be traded as a system.
9. _____ **Setup:** The geometric fill looks obvious, but confluence is weak. Chapter 05 says to size up because geometry is enough.
10. _____ **Setup:** You are about to mark a fill target and are not sure which gap you mean. Chapter 05 says to write down which gap you mean first.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Gap-fill means price returning toward the _____ close.
2. Half-gap sits halfway; full fill completes the trip back to the prior _____.
3. The equities gap runs from about 4:00 p.m. Eastern close to the _____ Eastern open.
4. A futures gap exists whenever the futures market shuts down and _____.
5. CME runs a _____ that sets where the futures market reopens.
6. Without resilience, Matt says he is “operating _____.”
7. Resilience above zero points _____; below zero points down.
8. In the big-gap technique, the half-gap can be treated like a _____ line.
9. Gap-fill has about 1,151 index hits, but hits count _____, not lessons.
10. When indexes split on a fill, _____ or size down.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. What does gap-fill mean in Chapter 05?
 - A. Price returning toward the prior close or relevant gap reference
 - B. A new high for the day
 - C. VWAP crossing a band
 - D. Price moving away from the open forever
2. Which gap is meant by “gap fill” in resilience talk?
 - A. The equities gap
 - B. The futures reopen gap
 - C. The new-week half-gap
 - D. The VARIS gap
3. Why does the book call “negative resilience equals fill pressure” a rough summary?
 - A. The captions state one clear sign rule
 - B. Resilience only works on gold
 - C. Resilience is never used
 - D. Whether a sign favors a fill depends on where price sits relative to the gap
4. What did Matt say about gap-fill and index value?
 - A. Gap-fill is the only thing that matters
 - B. Gap-fill never matters
 - C. Index value is fixed
 - D. There is more to index value than just the gap-fill arbitrage

5. Which marks does the chapter list as practical marks?
- A. Only VWAP
 - B. Only the weekly close
 - C. Prior close, session or Globex open, half-gap, nearest rocket, MHP, DD, or VWAP
 - D. Only the overnight high
6. How does Chapter 05 describe the big-gap technique from 2025-10-27?
- A. A core rule taught all year
 - B. A way to compute RI
 - C. A newer development from one clip that you should not build a system on
 - D. A prop-firm requirement
7. What does the chapter say about hit rates for gap-fill holds and fails?
- A. Live examples show both outcomes, and the chapter makes no hit-rate claim
 - B. Fills never work
 - C. Fills work 90% of the time
 - D. Fills work only on Fridays
8. **Setup:** In a 2025-11 clip resilience had turned positive and Matt said the open could go up to fill the gap all the way. What kind of gap must that have been for a fill to mean going up?
- A. A gap up, with the prior close below price
 - B. A gap down, with the prior close above price
 - C. No gap at all
 - D. A futures reopen gap only

9. Setup: ES filled its gap twenty minutes ago and NQ has not. What does Chapter 05 suggest?

- A. Trade both at full size
- B. Assume NQ must fill immediately and size up
- C. Ignore ES
- D. Treat the split as index divergence; wait or size down

10. Setup: After a VWAP break and retest short, what does the chapter say often appears as the intended objective?

- A. The 2x outer band every time
- B. Gap-fill
- C. No target at all
- D. A new all-time high

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain the difference between the equities gap and the futures gap, and why it matters when you mark a fill target.
2. Explain how resilience relates to gap-fill and why the chapter adds a direction caution.
3. Compare a gap-fill scalp with a main-plan fill. What decides between them?
4. Why should you not build a system on the big-gap technique or on raw index hits?
5. A friend says “every gap fills, so I always trade the fill.” Use Chapter 05 to respond.

- 6.** When would you treat gap-fill as a scalp objective rather than the day's main plan?
- 7.** How should an NQ trader react when ES has already filled and NQ has not?
- 8.** Positive resilience appears after a gap-down open. What does the 2025-11 example suggest, and what would make you doubt it?
- 9.** Describe the practical marks for a gap-fill day and the question you ask after marking them.
- 10.** Explain how gap-fill links to entries and risk in Chapter 05.

Chapter 05 Spiral Test

After Chapter 05: Gap-Fill

Covers: all earlier material, the Front Matter and Chapters 01 to 04.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Float at half-gap	_____	A. Overnight HV and HP lines that must refresh before you invent marks (Ch. 02)
2.	Containment	_____	B. Simplified overnight to late-day pattern of habits, not a rigid checklist (Ch. 01)
3.	Overnight / dynamic levels	_____	C. Hold or build language when confluence supports staying at the midpoint (Ch. 04)

No.	Term	Answer	Description
4.	Day-shape	_____	D. Price tending to respect VWAP plus or minus RI or DD distances (Ch. 03)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ The new-week half-gap is built from Friday's close and Sunday's open.
2. _____ VWAP flanks in this playbook are standard-deviation bands.
3. _____ **Setup:** Price taps half-gap with no confluence. Chapter 04 says size down or skip.
4. _____ **Setup:** Your VWAP setting includes overnight data and a friend's does not. Chapter 03 says your VARIS bands must still match exactly.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. At half-gap, ask: fill, float, or _____?
2. VWAP is the magnet and the bias _____.
3. If overnight levels are late at the bell, _____ rather than invent them.
4. The public study shelf website for this textbook is _____.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which is a use of half-gap on stream?
 - A. Anchoring VARIS at 6:00 p.m.
 - B. Support or resistance, a target, or a confluence anchor
 - C. Setting the RI number
 - D. Replacing VWAP
2. What does Chapter 03 say about targets?
 - A. They are set by the broker
 - B. They are never marked
 - C. They are often the next VARIS band, half-gap, or rocket level, not VWAP alone
 - D. They are always VWAP
3. Which path does Chapter 02 give for setup help?
 - A. Email the CME
 - B. Call a prop firm
 - C. Discord platform setup, then tech support
 - D. Read the captions
4. **Setup:** Positive resilience shows while price sits at half-gap. Which story does Chapter 04 say often appears?
 - A. Float or build at half-gap
 - B. A reason to switch instruments
 - C. An automatic gap-fill to the prior close
 - D. A reason to ignore all levels

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain how VWAP (Ch. 03) and half-gap (Ch. 04) can be stacked into a stronger read.
2. Explain the minimum you can trade when tools are down, using Chapters 01 and 04.
3. Explain why session settings (Ch. 03) and platform refresh (Ch. 02) both matter before comparing your chart with a streamer.
4. Describe how the front matter's honesty about evidence connects with the caution about ES and NQ disagreeing at half-gap.

Chapter 06 Test: Risk Interval (RI)

Chapter 06: Risk Interval (RI)

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Risk interval (RI)	_____	A. The same idea anchored on VWAP: the VARIS band
2.	RARI	_____	B. Stream callouts like NQ about 288 that must not be frozen as defaults
3.	Margin-stress framing	_____	C. Matt's word for a sudden-event move of more than one risk interval
4.	Day example numbers	_____	D. Building blocks of VARIS bands around VWAP
5.	Static RI (DD)	_____	E. Platform column label for risk-interval numbers

No.	Term	Answer	Description
6.	Catalyst	_____	F. Margin system Matt described reverse-engineering years back to build RI
7.	Dynamic RI	_____	G. Teaching that about one RI from a reference approaches margin-call-class distance
8.	CME SPAN	_____	H. Third-party tool whose install steps are lighter in the corpus; platform RI plus VWAP math is enough to practice
9.	Half RI and full RI	_____	I. One RI above and below the prior close, set at the end of the session
10.	Interval Lab	_____	J. Per-instrument, day-refreshed distance from CME-margin-style math; not a standard deviation

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ Risk interval is derived from CME margin-requirement style math.
2. _____ RI is a standard-deviation band.
3. _____ Each instrument has its own RI.
4. _____ MES uses an RI of 288.
5. _____ Static RI levels are the DD bands.

6. _____ The static RI is calculated at the start of the morning session from the open price.
7. _____ On one stream Matt dates his reverse-engineering of CME SPAN to 2015 and calls it the first technique he created for the boot camp.
8. _____ Between September 3 and September 27 the example NQ RI stayed exactly the same.
9. _____ **Setup:** You trade both NQ and ES today. Using NQ's RI on your ES chart would be a mistake under Chapter 06.
10. _____ **Setup:** A sudden news event moves price more than one full RI. Chapter 06 says that move is small and ordinary relative to that day's margin distance.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. RI is derived from CME _____-requirement style math.
2. Moving about one full RI from a reference approaches _____-call risk.
3. RI is refreshed from prior-day or _____-of-day data.
4. The static RI is “based on the previous day's _____ price.”
5. CME updates its margin requirements at the end of every _____.
6. The static RI levels are the _____ bands.
7. The dynamic version of RI, anchored on VWAP, is the _____ band.
8. Matt calls a sudden-event move of more than one RI a _____.
9. The rule for RI numbers is “pull it _____.”
10. When plotting, do not mix NQ's RI into an _____ chart.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. What is RI derived from?
 - A. Yesterday's volume profile
 - B. CME margin-requirement style math
 - C. A moving average crossover
 - D. A 20-period standard deviation
2. Which statement about RI and instruments is correct?
 - A. RI exists only for gold
 - B. One RI fits all instruments
 - C. RI is the same for NQ and ES
 - D. Each instrument has its own RI
3. What do the stream RI numbers in the chapter's table represent?
 - A. Prop-firm limits
 - B. Example days, not permanent defaults
 - C. Fixed defaults for all time
 - D. Standard deviations
4. Which tool is the dynamic version of the RI idea, anchored on VWAP?
 - A. MHP
 - B. DD bands
 - C. VARIS bands
 - D. Half-gap

5. What is the first step of “How to get the number”?
- A. Compute it from Bollinger Bands
 - B. Open Rocket Scooter, expand the bottom table, read RARI / RI
 - C. Copy it from the chapter’s table
 - D. Ask in chat for yesterday’s number
6. Which index topic count shows RI’s definition is one of the strongest topics?
- A. About 985 risk-interval hits
 - B. About 54 hits
 - C. About 30 hits
 - D. About 34 hits
7. Which numbers in the chapter’s table came from VerbonZone ops notes (Brad’s platform read) on 2026-09-27?
- A. ES 68.75 only
 - B. NQ 290.5 only
 - C. NQ / MNQ 297.5 and ES / MES 72
 - D. NQ 288 and ES 70.75
8. **Setup:** Your chart still has an NQ RI typed in from early September, and today the platform shows a number almost nine points higher. What is the problem?
- A. Your bands are drawn from a stale number and sit in the wrong places
 - B. You should average the two numbers
 - C. The platform is wrong and you should ignore it
 - D. Nothing; old numbers are fine

9. Setup: Someone is long from the prior close and price moves about one full RI against them. In the chapter's framing, what are they approaching?

- A. A guaranteed reversal
- B. The half-gap
- C. A new RI
- D. Margin-call risk

10. Setup: The platform rolls new data after you plotted. What does the procedure say to do?

- A. Refresh and re-read the RI, confirming the instrument row
- B. Keep the morning number
- C. Switch to a standard deviation
- D. Delete VWAP

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Define risk interval and explain why it is not a standard deviation.
2. Explain the static RI as the stream host described it on 2026-09-02, and connect it to DD and VARIS.
3. Why does the chapter insist on pulling RI fresh every day?
4. Describe RI as a unit of distance and list what it builds.
5. Walk through the four-step procedure for getting and using today's RI, and explain the purpose of each step.
6. Why is copying yesterday's RI onto today's chart a methodological error?
7. How would you explain RI to someone who only knows Bollinger Bands?

- 8.** If NQ RI is about 288 and ES RI is about 71 on the same day, what mistakes does that prevent?
- 9.** What does a move larger than one RI suggest in Matt's catalyst language?
- 10.** Explain why the chapter says definition evidence is thick but install pedantry is thinner, and what you should practice.

Chapter 06 Spiral Test

After Chapter 06: Risk Interval (RI)

Covers: all earlier material, the Front Matter and Chapters 01 to 05.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Equities gap vs futures gap	_____	A. Trading half-gaps and yellows without the full confluence stack (Ch. 04)
2.	Pure S/R	_____	B. 4:00 p.m. to 9:30 cash gap versus Globex close-to-reopen gap (Ch. 05)
3.	Session / overnight handling	_____	C. Opens the RI and DD table on the platform (Ch. 02)
4.	Carrot / expand control	_____	D. Whether overnight volume is included in VWAP (Ch. 03)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ Matt calls resilience “my gap fill predictor.”
2. _____ The new-week half-gap is built from Monday’s close and Tuesday’s open.
3. _____ **Setup:** ES and NQ disagree on whether the gap filled. Chapters 04 and 05 both say to compare indexes and wait or size down.
4. _____ **Setup:** Your confluence grade is weak but the gap geometry looks perfect. Chapter 05 says geometry alone justifies full size.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. Gap-fill returns price toward the prior _____.
2. The textbook’s phrase for VWAP’s role is the line of _____.
3. Static structures such as _____ and RI from the prior close still exist when overnight lines are late.
4. Rocket Scooter is a platform plus a _____.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which gap does resilience talk mean by “gap fill”?
 - A. The VARIS gap
 - B. The overnight high-low range
 - C. The futures reopen gap
 - D. The equities gap

2. Which is a common live use of VWAP?
- A. A replacement for RI
 - B. A bias hinge and stop reference
 - C. A source of DD bands
 - D. A prop rule
3. What is the half-gap?
- A. Midpoint between the prior session close and today's open
 - B. Half of one RI
 - C. The overnight low
 - D. Midpoint between two VARIS bands
4. **Setup:** Price is at half-gap, resilience is negative, and confluence is thin. What reading fits Chapters 04 and 05?
- A. Assume the gap is already filled
 - B. Ignore resilience completely
 - C. Buy full size because half-gap always holds
 - D. Treat half-gap more carefully as resistance or fill fuel, size small or skip

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain how half-gap (Ch. 04) and gap-fill (Ch. 05) relate in gap structure.
2. Explain why the textbook asks you to say which gap you are marking, and connect this to session settings for VWAP.
3. How do resilience and ARB appear in Chapters 04 and 05?
4. Using Chapters 01 and 05, explain why confluence, not geometry, should set your size.

Chapter 07 Test: VARIS Bands (VWAP $\pm$ RI)

Chapter 07: VARIS Bands (VWAP $\pm$ RI)

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	VARIS	_____	A. Two-zone VARIS trade
2.	Inner band	_____	B. One zone to the next; band-to-band trade
3.	Outer band	_____	C. Community tool for plotting VARIS; needs today's RI from Rocket Scooter
4.	Honda	_____	D. Four zones; outer toward opposite outer
5.	Lambo	_____	E. About half an RI from VWAP (plus or minus 0.5)

No.	Term	Answer	Description
6.	Yacht	_____	F. About one full RI from VWAP (plus or minus 1.0)
7.	Retirement trade	_____	G. Three-zone VARIS trade
8.	DD vs VARIS	_____	H. Start time VWAP and VARIS are calculated from, such as 6:00 p.m. or 9:30
9.	Session anchor	_____	I. Dynamic RI bands around VWAP (captions often mishear it as varus or Varys)
10.	Interval Lab	_____	J. Static daily RI pivots versus dynamic VWAP-centered RI distances

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ VARIS bands are dynamic and move with VWAP, while DD bands are static.
2. _____ The inner band is one full RI from VWAP.
3. _____ On the zone ladder, two zones is called a Lambo.
4. _____ Interval Lab can plot VARIS correctly without the day's RI number.
5. _____ On stream, VWAP was described as anchored at the 6:00 p.m. session open, with the option to anchor it to 9:30 New York instead.

6. _____ The Discord back-test result that a “40 point reclaim seems to be the best setup” is verified in the corpus.
7. _____ The five-minute-close invalidation is one host’s day example, not a rule.
8. _____ Wicks outside the inner band invalidate the host’s inner-band trade.
9. _____ **Setup:** Price has stretched to the outer band. A host says the market likes to revert to VWAP from a risk interval, so the outer band is treated as stretched.
10. _____ **Setup:** Price falls below the lower band and keeps falling. The host says he trades larger than when price is inside the range.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. VARIS bands are centered on _____.
2. The inner band is about _____ RI from VWAP.
3. The outer band is about _____ RI from VWAP.
4. A one-zone trade is a _____.
5. A three-zone trade is a _____.
6. Outer-to-outer is _____ zones.
7. A host said one full risk interval is generally where traders are getting margin _____.
8. In a host’s day example, the first target is about _____ through the first VARIS zone.
9. One host likes long _____ of VARIS and does not like shorting the upper band as an entry.

10. Two charts that show different bands are often using different session

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. What is the difference between VARIS and DD bands?
 - A. They are the same tool
 - B. VARIS is dynamic around VWAP; DD is static from daily, close-based math
 - C. Both are standard-deviation bands
 - D. VARIS is static; DD is dynamic
2. Where is the optional 2x band used?
 - A. As the session anchor
 - B. For extension or retirement-style runs
 - C. As the RI source
 - D. As the inner band
3. Which order is the zone ladder?
 - A. Yacht, Honda, Lambo, retirement
 - B. Lambo, Honda, retirement, yacht
 - C. Retirement, yacht, Lambo, Honda
 - D. Honda, Lambo, yacht, retirement

4. What is the first step in plotting VARIS?
- A. Read today's RI from Rocket Scooter
 - B. Draw a standard deviation
 - C. Copy the streamer's bands
 - D. Mark the overnight high
5. What did a host say about the inner lines and VARIS 3.0?
- A. VARIS 3.0 has no bands
 - B. Inner lines were removed in VARIS 3.0
 - C. VARIS 3.0 replaced VWAP
 - D. He said they are new for VARIS 3.0, but earlier streams mention inner bands, so the version history is unclear
6. Why does the book not attribute the inner-band management examples to Matt specifically?
- A. Matt asked not to be named
 - B. They are invented by the book
 - C. The captions do not name the speaker
 - D. They come from a prop firm
7. Which statement fits the evidence note in Chapter 07?
- A. VARIS has more raw hits than risk interval
 - B. Install steps are fully documented
 - C. The definition and the Honda language are solid across months
 - D. The back-test data is shown in full

8. Setup: You are long from VWAP aiming at the upper inner band. What kind of trade is this in community language?

- A. A Honda
- B. A retirement trade
- C. A yacht
- D. A catalyst

9. Setup: You hold a host-style inner-band trade. A five-minute candle closes outside the inner band against you. What did the host describe doing?

- A. Add size immediately
- B. Ignore it because only wicks matter
- C. Move the stop farther away
- D. Wait for a retest from the other side and exit for a small loss

10. Setup: Price is slicing through the bands with no reaction. What does the chapter suggest?

- A. Switch to the 2x band as entry
- B. Size down
- C. Size up
- D. Remove VWAP

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Define VARIS bands and contrast them with DD bands.
2. Describe the band map and the zone ladder, and explain how outer-to-outer equals a retirement trade.
3. Explain the session anchor and why two charts can show different bands.

- 4.** Summarize the live usage habits for VARIS.
- 5.** Why does the book present the inner-band management examples as day examples and not rules?
- 6.** Why can VARIS and DD both be “right” on the same chart at the same time?
- 7.** When would you prefer a retirement-style objective over a Honda scalp?
- 8.** If bands look wrong versus the stream, which two settings do you audit first?
- 9.** How does slicing through the outer band without reaction change your size?
- 10.** The five-minute-close invalidation is one host’s habit on one instrument family. How would you test whether it suits your own chart?

Chapter 07 Spiral Test

After Chapter 07: VARIS Bands (VWAP $\pm$ RI)

Covers: all earlier material, the Front Matter and Chapters 01 to 06.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Catalyst	_____	A. YouTube URL that lands near a teaching moment (Ch. 00)
2.	Index divergence	_____	B. A sudden-event move of more than one risk interval (Ch. 06)
3.	Gap structure	_____	C. One index fills while another holds (Ch. 05)
4.	Watch link	_____	D. The space between prior close and open (Ch. 04)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ The static RI is based on the previous day's close and is calculated at the end of the market close.
2. _____ Chapter 05 says the futures gap is the gap meant in resilience talk.
3. _____ **Setup:** You trade ES and NQ. Reading each instrument's own RI row from the platform is required before plotting.
4. _____ **Setup:** A stream once called NQ RI 288, so you type 288 into your chart permanently. Chapter 06 approves.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. The RI column on the platform is labeled _____ / RI.
2. The equities gap runs from about 4:00 p.m. Eastern to _____ Eastern.
3. Positive resilience at half-gap often supports a _____ story.
4. VWAP plus or minus RI is called _____ in Chapter 03.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which statement about RI is correct?
 - A. It is set by the broker
 - B. It is a moving average
 - C. It comes from CME margin-style math and is not a standard deviation
 - D. It is the same for every instrument

2. What does Matt call resilience?
- A. His gap-fill predictor
 - B. His RI source
 - C. His session anchor
 - D. His prop rule
3. What does Chapter 02 say to do when overnight levels are late?
- A. Use last week's lines
 - B. Wait rather than invent them
 - C. Close the platform
 - D. Invent them from memory
4. **Setup:** Price moved more than one RI after a sudden news event. Which word from Chapter 06 fits?
- A. Honda
 - B. Catalyst
 - C. Float
 - D. Containment

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain how static RI (Ch. 06) produces DD bands, and how the platform shows them (Ch. 02).
2. Explain why “which gap?” (Ch. 05) and “which instrument row?” (Ch. 06) are similar habits.
3. Using Chapters 03 and 06, explain why VWAP plus or minus RI is not a standard-deviation band.

4. Describe the habits from Chapters 04 and 05 for days when ES and NQ disagree.

Chapter 08 Test: Rocket Levels, HV / Volume

Chapter 08: Rocket Levels, HV / Volume

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Rocket / yellow / HV level	_____	A. Related pivot family with weekly, dynamic, and overnight variants
2.	Predicted vs prior volume	_____	B. Teaching rationale for HV pivots, not a full options course
3.	MHP	_____	C. Overnight hedge-pressure estimate made while the options market is closed
4.	Hedge pressure (HP)	_____	D. Stream label (“every single time”) for a trade at a strong pivot such as MHP

No.	Term	Answer	Description
5.	Gamma / dealer hedge note	_____	E. Set at levels so you can trade the touch with a plan instead of hunting
6.	Dynamic hedge pressure	_____	F. The HV algorithm is not disclosed, by design (server-side indication)
7.	EST trade	_____	G. Rocket Scooter forecasts where volume will appear; classical profiles use history
8.	Blue line	_____	H. Monthly hedge-pressure line; a strong planned pivot in boot-camp examples
9.	Alerts	_____	I. Described as a weekly gamma-exposure maximum called hedge pressure
10.	Limited disclosure	_____	J. Predicted high-volume pivot published by Rocket Scooter

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ Rocket Scooter aims to predict where volume will be before the session proves it.
2. _____ Rocket Scooter's yellow lines are simply yesterday's volume nodes.
3. _____ Hosts often wait for overnight or dynamic levels to publish, then draw them.

4. _____ The boot-camp claim of about 75% without and 90% with confluence is a guarantee.
5. _____ “Dynamic” is Rocket Scooter’s word for the overnight level, as one host explained it.
6. _____ Chapter 08 is a full options-chain course.
7. _____ Regular-session MHP levels show up on the platform around 9:30 and are described as “really big levels.”
8. _____ The formal HV algorithm is fully disclosed on stream.
9. _____ **Setup:** Price touches a yellow line with VARIS, half-gap, and VWAP all agreeing. Chapter 08 says confluence like this upgrades the lone rocket touch.
10. _____ **Setup:** Overnight yellows have not published yet. Chapter 08 says to draw your own estimate so you are ready.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Yellow rocket lines are predicted _____-volume pivots.
2. Many traders use _____ volume; Rocket Scooter aims to predict it.
3. MHP stands for _____ hedge pressure.
4. Weekly hedge pressure sits above or _____ MHP on the chart.
5. MHP is based on the maximum _____ exposure for dealer-hedged options.
6. On 2025-09-18 the speaker said numbers are published at _____ Eastern before the market starts.

7. At 9:30, new monthly and weekly hedge-pressure levels are calculated from the _____ data.
8. RI-based levels such as DD bands are anchored to the _____ close.
9. The stream label EST means “every single _____.”
10. A rocket level alone can be traded as _____.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. What is the headline feature of Rocket Scooter on stream?
 - A. An options chain
 - B. Predicted high-volume pivots, the yellow lines
 - C. A news feed
 - D. A prop dashboard
2. How does predicted HV differ from a classical volume profile?
 - A. It forecasts where volume will be instead of plotting where it was
 - B. It uses only yesterday's close
 - C. It is a standard deviation
 - D. It ignores volume
3. Why is the overnight level called “dynamic” in Chapter 08?
 - A. It moves with VWAP like VARIS
 - B. It changes every minute with price
 - C. It is drawn by hand
 - D. It is the best overnight estimate of dealer positioning while the options market is closed

4. Where does the hedge-pressure family come from, according to the chapter?
- A. VWAP
 - B. The prior close only
 - C. Options-positioning estimates
 - D. Prop-firm rules
5. How should you treat gamma in this textbook?
- A. As irrelevant
 - B. As the RI formula
 - C. As a full options course
 - D. As why the pivots exist, not as an options curriculum
6. Which practice does the limited-disclosure note recommend?
- A. Ignore all yellows
 - B. Reverse-engineer the algorithm
 - C. Mark overnight yellows plus DD and MHP, wait for price, then read confluence
 - D. Trade only options
7. Which is NOT listed as a confluence partner for rocket levels?
- A. Half-gap or gap-fill
 - B. A random social media tip
 - C. ARB or resilience agreement
 - D. VARIS inner or outer

8. Setup: MHP arrives on your chart but there is no confluence. How should the boot-camp odds language affect you?

- A. Affect size, not certainty; treat the percentages as their claim
- B. Guarantee a win at full size
- C. Make you skip all MHP trades forever
- D. Replace your stop

9. Setup: It is 9:29 and you are trading off an overnight dynamic hedge-pressure line. What happens at 9:30 according to the chapter?

- A. The RI is recalculated from VWAP
- B. Nothing changes
- C. New monthly and weekly hedge-pressure levels are calculated from open-interest data
- D. The platform shuts down

10. Setup: Price approaches a yellow line from below and your alert fires. What does the chapter say traders do?

- A. Trade the touch with a plan, reading confluence
- B. Chase before the touch
- C. Remove the line
- D. Ignore the alert

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain the difference between predicting high volume and plotting yesterday's volume profile.
2. Describe MHP and the hedge-pressure family as defined on stream.

3. Explain when the numbers publish and what “dynamic” means.
4. How should a student treat the boot-camp 75% / 90% claim?
5. Explain how a lone rocket touch is upgraded by confluence.
6. Why wait rather than invent overnight yellows at the cash bell?
7. Which three confluence partners would you check first at a yellow touch, and why?
8. How should a student take notes on gamma without turning this into options homework?
9. If dynamic hedge pressure is an overnight estimate that is replaced at 9:30, what should you do with an overnight line that was touched before the open?
10. Explain the limited-disclosure note and what practice it recommends.

Chapter 08 Spiral Test

After Chapter 08: Rocket Levels, HV / Volume

Covers: all earlier material, the Front Matter and Chapters 01 to 07.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Honda	_____	A. Friday close to Sunday open midpoint (Ch. 04)
2.	Static RI (DD)	_____	B. Band-to-band trade, one zone to the next (Ch. 07)
3.	Gap-fill scalp	_____	C. One RI above and below the prior close (Ch. 06)
4.	New-week half-gap	_____	D. Small, structure-based attempt to capture the fill (Ch. 05)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ VARIS bands are dynamic around VWAP, while DD bands are static.
2. _____ Every instrument shares one RI number.
3. _____ **Setup:** Your bands differ from a friend's. One of you anchors VWAP at 6:00 p.m. and the other at 9:30. Chapter 07 says the anchor can explain the difference.
4. _____ **Setup:** Price taps half-gap with no confluence. Chapter 04 says size up because half-gap is the strongest level.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. The outer VARIS band is about one full _____ from VWAP.
2. A sudden-event move of more than one RI is a _____.
3. Gap fill in resilience talk refers to the _____ gap.
4. To get the RI, click the _____ at the bottom of the platform.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which zone-ladder name means four zones?
 - A. Lambo
 - B. Honda
 - C. Yacht
 - D. Retirement

2. Which describes the static RI?
- A. Based on today's open
 - B. Based on VWAP
 - C. Based on the overnight high
 - D. Based on the previous day's close, calculated at the end of the session
3. What is half-gap used for on stream?
- A. Publishing levels
 - B. Support or resistance, target, confluence anchor
 - C. Computing margin
 - D. Setting the session anchor
4. **Setup:** Price keeps slicing through VARIS bands with no reaction. What do Chapters 03 and 07 suggest about size?
- A. Smaller
 - B. Doubled at the next band
 - C. Larger
 - D. Unchanged

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain the chain from CME margin math to VARIS bands on your chart.
2. Compare the half-gap and the VARIS inner band as places to trade. What does each need for size?
3. Explain why both the gap reference (Ch. 05) and the session anchor (Ch. 07) must be known before comparing charts.
4. Describe what Chapters 00 and 06 say about stream numbers and why.

Chapter 09 Test: Confluence

Chapter 09: Confluence

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Confluence	_____	A. Partial agreement; usually small size or skip, not full risk
2.	Size ladder	_____	B. What you have if you cannot name your confluence ingredients
3.	Location	_____	C. ES and NQ agreement used as an extra check before a “market” opinion
4.	Filters	_____	D. Strong pivots with confluence, in the hosts’ grading words

No.	Term	Answer	Description
5.	Mixed confluence	_____	E. Answer whether and how large: ARB, resilience, VWAP agreement, cross-index agreement
6.	A+ setup	_____	F. A host's description of open, close, and half-gap plays
7.	"Coin flip with a little bit of confluence"	_____	G. Platform aid that shows position size based on the confluences present
8.	Cross-index confluence	_____	H. Normal, medium, small, sit out as confluence quality fades
9.	Gray boxes	_____	I. Answers where: the level
10.	A feeling	_____	J. Agreement among independent reads (level, VWAP, ARB and resilience, plus or minus order flow)

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ In Matt's teaching, confluence chooses size more than it invents entries.
2. _____ Filters alone, without a level, are usually enough for a trade.
3. _____ Without filters, a level can still be traded, usually smaller and simpler.
4. _____ The chapter gives the formula behind the gray position-size boxes.

5. _____ A host said that ES often leads NASDAQ, and he keeps the ES chart up while executing on NASDAQ.
6. _____ A host on 2026-06-19 called the open, close, and half-gap plays his A+ setups.
7. _____ On 2026-09-01 a host said that when a strong pivot breaks, you do not bet on a weaker pivot to stop the move.
8. _____ The boot-camp 75% / 90% MHP claims are a guarantee for your account.
9. _____ **Setup:** ES is sitting at MHP and NQ is “in no man’s land.” A host said he takes ES being at MHP into account when he hits a level on NASDAQ.
10. _____ **Setup:** You “feel good about NQ” but cannot name any confluence ingredient. Chapter 09 says that feeling counts as strong confluence.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Confluence means independent pieces of the playbook _____.
2. The size ladder runs normal, medium, small, _____.
3. Location answers _____.
4. Filters answer whether and how _____.
5. Optional order flow such as _____ can confirm how heavy a level is.
6. A host said “a lot of times ES will _____ NASDAQ.”
7. The open, close, and half-gap plays are “not _____” in a host’s words.
8. A host said every volume pivot has a complementary _____ pivot.
9. Before each entry, grade confluence in writing: strong, mixed, or _____.

10. With strong confluence you use normal or _____ size.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. What does confluence mainly decide in Matt's teaching?
 - A. The RI number
 - B. The session anchor
 - C. Which broker to use
 - D. Size
2. Which is a typical confluence ingredient?
 - A. A friend's opinion
 - B. Your last trade's result
 - C. VWAP side (above, below, reclaim, lose)
 - D. The day of the month
3. What does a level supply in "location vs filter"?
 - A. Where
 - B. How large
 - C. Whether
 - D. When to quit for the day
4. Which strong pivots did a host name as his A+ setups on 2026-09-01?
 - A. VWAP only
 - B. Random round numbers
 - C. Open, close, and half-gap
 - D. MHP, DD band, and "CAD active"

5. Why does the host skip the open and close a lot?
- A. Because of chop
 - B. Because the platform is closed
 - C. Because RI is unknown
 - D. Because ES always leads
6. What should you do about the size boxes, given the corpus?
- A. Copy the 75% / 90% numbers into a formula
 - B. Build your own exact point formula and call it Matt's
 - C. Do not invent a scoring system, because the formula is not shown
 - D. Ignore size entirely
7. **Setup:** Yellow touch, price below VWAP, ARB negative, and you want to go long. How would Chapter 09 grade this?
- A. Not a trade location at all
 - B. Strong because yellows always hold
 - C. Weak or mixed; small size or skip
 - D. Strong; full size
8. **Setup:** Your tools are offline. You still see half-gaps and yellows. What does Chapter 09 say?
- A. They are still tradeable, usually smaller and simpler
 - B. You must trade full size to make up for it
 - C. Filters alone are enough
 - D. Only trade the open

9. Setup: A level, VWAP agreement, ARB and resilience agreement, and ES and NQ agreement all line up. Where on the ladder does this point?

- A. Small only
- B. Normal or larger size
- C. Sit out
- D. Skip because too much agrees

10. Setup: A lone open tap with chop on the chart. What does the size ladder suggest?

- A. Double size
- B. Drop quickly toward small or sit out
- C. Go to normal size
- D. Ignore the ladder for the open

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Define confluence and list its typical ingredients.
2. Explain the size ladder and how confluence moves you along it.
3. Explain the difference between location and filters, with one example of each.
4. Why are open, close, and half-gap plays called “not A+,” and how does that connect to the size ladder?
5. Explain how cross-index confluence works, including the idea that ES can lead NQ.
6. Grade a hypothetical: yellow touch, below VWAP, ARB negative, and you want to go long. What size bucket and why?

7. Why is “I feel good about NQ” not confluence under this chapter’s definition?
8. When tools are offline, what changes in your plan: the level, the size, or both?
9. Design a three-checkbox confluence card you could keep beside the monitor.
10. Why is “skip most open taps” consistent with “confluence picks size”?
Where does the cost of a skipped trade show up?

Chapter 09 Spiral Test

After Chapter 09: Confluence

Covers: all earlier material, the Front Matter and Chapters 01 to 08.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Dynamic hedge pressure	_____	A. Two-zone VARIS trade (Ch. 07)
2.	Lambo	_____	B. Overnight hedge-pressure estimate while the options market is closed (Ch. 08)
3.	Margin-stress framing	_____	C. Above zero points up, below zero points down (Ch. 05)
4.	Polarity (resilience)	_____	D. About one RI from a reference approaches margin-call-class distance (Ch. 06)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ Rocket Scooter aims to predict where volume will be, unlike a classical prior-volume profile.
2. _____ The inner VARIS band is two full RIs from VWAP.
3. _____ **Setup:** Overnight yellows have not published at the bell. Chapters 02 and 08 both say wait.
4. _____ **Setup:** Your chart still uses last week's NQ RI. Chapter 06 says this is fine because RI rarely changes.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. MHP is based on the maximum _____ exposure for dealer-hedged options.
2. A two-zone VARIS trade is a _____.
3. The half-gap is the midpoint between prior close and today's _____.
4. VWAP is the session's _____ of interest.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which describes MHP?
 - A. A static RI from the open
 - B. A prop rule
 - C. A VARIS band
 - D. Monthly hedge-pressure line that predicts high volume

2. Which tool is static?
- A. DD bands
 - B. Dynamic hedge pressure
 - C. VARIS bands
 - D. VWAP
3. What does Chapter 05 say about every gap filling?
- A. Only equities gaps fill
 - B. The chapter does not claim every gap fills
 - C. Gaps fill only on Mondays
 - D. Every gap fills by the close
4. **Setup:** Price stretches to the outer VARIS band. Which reaction bias does Chapter 07 describe?
- A. Bands are meaningless at the outer
 - B. Outer means add size
 - C. The market always breaks out
 - D. The market likes to revert to VWAP from a risk interval

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain the difference between DD bands, VARIS bands, and yellow HV lines.
2. Explain why waiting for refreshed levels is repeated in Chapters 02 and 08.
3. Describe how the gap-fill story (Ch. 05) and resilience direction caution fit together.
4. Describe the zone ladder and give an example of a Honda trade.

Chapter 10 Test: Entries, Exits, and Trade Management

Chapter 10: Entries, Exits, and Trade Management

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Mechanical backbone	_____	A. Five boxes checked before size is risked
2.	Level family	_____	B. Pick a level family, set an alert, wait, then decide with confluence
3.	Honda entry	_____	C. Next band, half-gap, gap-fill, or opposing rocket level
4.	Invalidation	_____	D. A fixed dollar loss limit worked out as a price range before sizing

No.	Term	Answer	Description
5.	Partial / runner	_____	E. Price condition that cancels the thesis, often beyond VWAP or through the level
6.	Max cutoff	_____	F. What you do when price is not at your level
7.	“Don’t hunt”	_____	G. Oversizing into a level when confluence is negative; the chapter says avoid it
8.	Pre-entry checklist	_____	H. Take some off at structure and leave a remainder if the thesis is intact
9.	YOLO at MHP	_____	I. The type of level you choose to trade, such as MHP, DD, rocket yellow, half-gap, or VARIS band
10.	Targets	_____	J. VARIS band-to-band initiation

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ Under the mechanical backbone, when price is not at your level, you do not hunt.
2. _____ The list of entry ideas in Chapter 10 is an exhaustive ruleset.
3. _____ Stops are often placed beyond VWAP or beyond the invalidation side of the level.

4. _____ The 40-point stop and the \$300 cutoff are rules every student must use.
5. _____ A host works out the price range that equals his dollar cutoff before building a position, because more contracts shorten that range.
6. _____ A host said ARB crossing the other way means price will definitely reverse.
7. _____ The 2026-04-14 example described a 40-point stop and about 60 points of target, one and a half to one.
8. _____ Chapter 10 covers prop rules and when not to press in full detail.
9. _____ **Setup:** You alerted MHP, but price never reaches it all day. Under the mechanical backbone, not trading is correct.
10. _____ **Setup:** You are at MHP and confluence is negative. Chapter 10 says this is the time to YOLO size.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Step 2 of the mechanical backbone is to set an _____.
2. When price arrives, confluence decides _____ more than FOMO.
3. A Honda entry is a VARIS _____-to-band initiation.
4. If confluence flips against you mid-trade, _____.
5. At gap fill on the S&P, the host would take profit and hold a _____.
6. The host's example maximum cutoff was \$_____.
7. More contracts make the price range to the cutoff _____.
8. In the 2026-04-14 example, ARB was close to _____.
9. The last box of the pre-entry checklist: stop and first _____ marked.

10. Alerts can be set for the Asia or New _____ session as relevant.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

- 1.** What is the first step of the mechanical backbone?
 - A.** Double your size
 - B.** Pick your level family
 - C.** Ask chat for a signal
 - D.** Buy the open
- 2.** Which of these is listed as an entry idea seen live?
 - A.** Entering only on Fridays
 - B.** Selling every red candle
 - C.** VWAP reclaim or lose as trigger with structure behind it
 - D.** Buying any green candle
- 3.** Which is listed as a target in Chapter 10?
 - A.** Your account goal
 - B.** A random round number
 - C.** Yesterday's open interest
 - D.** The next band
- 4.** What did the host say about ARB crossing the other way?
 - A.** It always means reversal
 - B.** He adds size when it crosses
 - C.** He ignores ARB completely
 - D.** A large cross, more than his stop distance, is usually his stopping point

5. What ratio did the 2026-04-14 example describe?
- A. Even money exactly
 - B. One and a half to one
 - C. One to three
 - D. Ten to one
6. Why does a host compute the price range to his dollar cutoff first?
- A. More contracts shorten the range to that cutoff
 - B. It sets the RI
 - C. It replaces confluence
 - D. The broker requires it
7. Which is NOT a box in the pre-entry checklist?
- A. Size matches confluence grade?
 - B. Have I told chat about my trade?
 - C. Level type clear?
 - D. Stop and first target marked?
8. **Setup:** You missed a strong move and feel the urge to chase. What does Chapter 10 imply?
- A. Chasing conflicts with the backbone; wait for your level and plan
 - B. Chase with double size
 - C. Chase only if ES agrees
 - D. Chase but skip the stop

9. Setup: You are long and partway through the trade ARB and resilience turn against you. What does the chapter say?

- A. Reduce
- B. Add more size
- C. Ignore confluence once in
- D. Remove your stop

10. Setup: You plan a Honda long from VWAP to the upper inner band. What is a sensible invalidation in Chapter 10 terms?

- A. The prior week's close
- B. No invalidation is needed
- C. Beyond VWAP, the invalidation side of the level
- D. The upper outer band

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Describe the four steps of the mechanical backbone and why “don’t hunt” matters.
2. List the entry families seen live and explain why the list is “not exhaustive.”
3. Explain where targets and stops go, and how partials and runners work.
4. Why are the host management numbers (40-point stop, \$300 cutoff, ARB cross) day examples and not rules?
5. Explain the max-cutoff method and compare it with picking a size first and placing a stop wherever the chart says.
6. If price never reaches your alerted MHP, what is the correct action under the mechanical backbone?

7. Write the invalidation and first target for a Honda long from VWAP to the upper inner band.
8. Why is “I missed the move, chase” incompatible with this chapter?
9. How do partials at half-gap change the risk of the runner?
10. Which pre-entry checklist box do you think fails most often for new traders, and how would you fix it?

Chapter 10 Spiral Test

After Chapter 10: Entries, Exits, and Trade Management

Covers: all earlier material, the Front Matter and Chapters 01 to 09.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Size ladder	_____	A. “Every single time” label for a strong-pivot trade (Ch. 08)
2.	EST trade	_____	B. Start time for VWAP and VARIS, such as 6:00 p.m. or 9:30 (Ch. 07)
3.	Session anchor	_____	C. Platform column label for risk-interval numbers (Ch. 02, 06)
4.	RARI	_____	D. Normal, medium, small, sit out (Ch. 09)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ Confluence chooses size more than it invents entries.
2. _____ The 75% / 90% boot-camp claims are verified guarantees.
3. _____ **Setup:** ES is at MHP while NQ is in no man's land. A host takes ES at MHP into account when trading a NASDAQ level.
4. _____ **Setup:** The gap looks obvious and you have no confluence.
Chapter 05 says size up anyway.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. Location answers where; filters answer whether and how _____.
2. Weekly hedge pressure sits above or below _____ on the chart.
3. The outer VARIS band is about _____ RI from VWAP.
4. CME updates its margin requirements at the end of every _____.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. What is the half-gap new-week version built from?
 - A. Two VARIS bands
 - B. VWAP and RI
 - C. Friday close and Sunday open
 - D. Monday open and close

2. Which numbers publish at 9:30 per Chapter 08?
- A. New monthly and weekly hedge-pressure levels from open-interest data
 - B. The new-week half-gap
 - C. The prior close
 - D. The VARIS 2x band
3. Which is a filter rather than a location?
- A. ARB agreement
 - B. MHP
 - C. Half-gap
 - D. DD band
4. **Setup:** Price touches a yellow line from below, VWAP is above you, ARB and resilience are negative, and you want to short. How do the chapters read this?
- A. No location exists
 - B. Ignore VWAP
 - C. Must go long
 - D. Location with agreeing filters; size by your written grade

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain how a strong pivot breaking should change your behavior, using Chapters 08 and 09.
2. Describe how confluence (Ch. 09) upgrades a rocket touch (Ch. 08).
3. Explain how session anchor and RI freshness both affect VARIS.

4. Explain what “minimum stack when tools are down” means across Chapters 01, 04, and 09.

Chapter 11 Test: Risk Management and When Not to Press

Chapter 11: Risk Management and When Not to Press

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Minimum size until edge	_____	A. Choosing not to trade when conditions fail your filters
2.	Market avoidance	_____	B. Adjusting size for volatility and for how many confluence checks pass
3.	When not to press	_____	C. Sudden-event move of more than one RI
4.	Catalyst	_____	D. Matt's quoted figures, such as about 88% of days closing between the green (DD) lines

No.	Term	Answer	Description
5.	“CAD active” / “cat active”	_____	E. Habit of staying small while learning what actually works for you
6.	Tenets	_____	F. Caption wording whose exact meaning is not settled in the corpus
7.	Statistical framing	_____	G. Risk management, position management, market-trend identification
8.	Volatility-aware sizing	_____	H. Community education framed as part of surviving the learning curve
9.	Strong pivot break	_____	I. Standing down or reducing when confluence, tape, or session quality fails
10.	Boot camp	_____	J. A warning, not an invite to average in large

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ One core habit is to trade minimum size until you find an edge.
2. _____ When a strong pivot such as MHP breaks, the chapter says to bet on a weaker pivot to stop the move.
3. _____ Choosing not to trade is part of the method, called market avoidance.
4. _____ This book defines a separate indicator called “CAD.”

5. _____ On 2025-10-10 the speaker called a “CAD active line” “extremely dangerous” because the market “can sort of just go all over the place.”
6. _____ The 88% / 4% / 8% figures have been tested and verified by this book.
7. _____ Chapter 11 says it is not a prop-firm compliance guide and that prop traders should read their own firm’s rules.
8. _____ “After a string of forced trades, return to mechanical alerts only” is a quoted rule from Matt.
9. _____ **Setup:** The open is flat and the tape is choppy, so resilience is less useful. Chapter 11 says patience fits this situation.
10. _____ **Setup:** Your platform is down and you feel the urge to draw your own levels. Chapter 11 says inventing levels is the right fix.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Trade _____ size until you find an edge.
2. Adjust size for _____ and for how many confluence checks pass.
3. Choosing not to trade when conditions fail is called market _____.
4. The tenets language includes risk management, position management, and market-_____ identification.
5. Matt calls his method _____.
6. On a flat-open day, the rule of thumb was that about _____% of days close between the green (DD) lines.
7. In the same rule of thumb, about _____% break to the upside.
8. A catalyst is a sudden-event move of more than one _____.

9. Price slicing through VARIS or levels without reaction means size _____.
10. Open, close, and half-gap taps are “not _____” and a host skips the open and close a lot.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. Which is a core risk habit in Chapter 11?
 - A. Trading every open drive
 - B. Minimum size until you find an edge
 - C. Maximum size on the first trade
 - D. Averaging into every loser
2. What does the chapter say about a break of a strong pivot?
 - A. Double size at the next weaker pivot
 - B. Switch to options
 - C. Ignore it
 - D. Treat it as a warning, not an invite to average in large
3. Which condition argues for patience in the chapter?
 - A. A clean level with strong confluence
 - B. ES and NQ agreeing
 - C. A flat open with chop where resilience is less useful
 - D. Price reacting cleanly at a band

4. Why does the book refuse to define “CAD” as an indicator?
- A. The captions are too garbled to be sure of the meaning
 - B. Matt forbade it
 - C. It is a prop rule
 - D. It is the same as VWAP
5. Which pair of figures is consistent according to the chapter?
- A. 75% and 90%
 - B. 50% and 50%
 - C. 4% and 96% below the bottom band
 - D. 88% between the lines plus about 8% below matches about 96% closing below the top band
6. Which document should a prop trader read for firm rules?
- A. This chapter
 - B. The VARIS settings
 - C. A Discord rumor
 - D. Their own firm’s current rules
7. What is the professional framing in Chapter 11?
- A. Always trading the open
 - B. Managing position size, risk, and volatility as a professional skill, including market avoidance
 - C. Trading as often as possible
 - D. Following signals without judgment

8. Setup: You have taken four forced trades in a row. What does the textbook suggest?

- A. Remove your stops
- B. Stop and return to mechanical alerts only
- C. Switch instruments and keep going
- D. Take a fifth trade at double size

9. Setup: Confluence was strong when you entered, but it is now mixed and flipping. What does the chapter say?

- A. Reduce or stand down
- B. Ignore it until the target
- C. Move the stop farther away
- D. Add more size

10. Setup: A student plans to buy the opening drive every morning as a default long. What does Chapter 11 say about that habit?

- A. It is a verified 90% setup
- B. It is the best default trade
- C. Stream hosts often avoid open-drive longs as a default; open-drive curriculum is limited
- D. It is required by the platform

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain “minimum size until edge” and volatility-aware sizing.
2. List at least five conditions from the chapter that argue for not pressing.

3. Explain the “CAD active” caption caution and how the book handles uncertain terms.
4. How should a student treat Matt’s statistical figures (88%, 4%, 8%, 96%)?
5. Explain market avoidance and why choosing not to trade is part of the method.
6. List three concrete “do not press” conditions you would write on a sticky note and explain each.
7. Why is averaging large into a broken MHP with negative confluence an anti-pattern?
8. After four forced scratch trades, what does the textbook suggest you do next?
9. “88% of days close between the green lines” is a quoted rule of thumb. What evidence would you need before letting it change your size?
10. Explain the tenets language and the role of community and boot camp in Chapter 11.

Chapter 11 Spiral Test

After Chapter 11: Risk Management and When Not to Press

Covers: all earlier material, the Front Matter and Chapters 01 to 10.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Max cutoff	_____	A. Forecasting where volume will appear versus using history (Ch. 08)
2.	Location vs filter	_____	B. About half RI and full RI from VWAP (Ch. 07)
3.	Predicted vs prior volume	_____	C. Level supplies where; confluence tools supply whether and how large (Ch. 09)
4.	Inner / outer	_____	D. A fixed dollar loss limit worked out as a price range before sizing (Ch. 10)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ Under the mechanical backbone, you do not hunt when price is not at your level.
2. _____ The static RI is anchored on VWAP.
3. _____ **Setup:** Mid-trade, confluence flips against you. Chapter 10 says reduce.
4. _____ **Setup:** A host's 40-point stop worked on his day, so you must use 40 points on every instrument.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. In community language, outer toward opposite outer is a _____ trade.
2. A lone open, close, or half-gap tap is a "coin _____ with a little bit of confluence."
3. Gap fill in resilience talk means the equities gap, from about 4:00 p.m. to _____ Eastern.
4. "Dynamic" is Rocket Scooter's word for the _____ level.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which is a target listed in Chapter 10?
 - A. Opposing rocket level
 - B. The Discord channel
 - C. The session anchor
 - D. The RI column
2. Which statement about confluence is correct?
 - A. Confluence means trading more often
 - B. If you cannot name the ingredients, you have a feeling, not confluence
 - C. Confluence sets RI
 - D. Confluence is a crystal ball
3. Which is the static RI tool?
 - A. VWAP
 - B. DD bands
 - C. VARIS bands
 - D. ARB
4. **Setup:** You hold a winner at gap fill on the S&P. What did a host describe doing?
 - A. Close everything and never trade again
 - B. Add full size at the fill
 - C. Remove the stop
 - D. Take profit and hold a runner in case the level breaks

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Connect the pre-entry checklist (Ch. 10) to the confluence grade (Ch. 09).

2. Explain how VARIS (Ch. 07) supports the Honda entry and its targets (Ch. 10).
3. Explain why the textbook keeps calling host numbers “day examples,” with two examples from Chapters 06 to 10.
4. How does the overnight dynamic level (Ch. 08) affect your morning plan?

Chapter 12 Test: Overnight / Globex Context

Chapter 12: Overnight / Globex Context

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Globex / overnight session	_____	A. Two separate levels: a predictive model overnight, and the intraday one that comes out at the open
2.	Overnight / dynamic levels	_____	B. Options data that reaches the servers at 9:30 and is used for new hedge-pressure levels
3.	Overnight MHP vs day MHP	_____	C. What other firms around the world use while U.S. numbers are unavailable

No.	Term	Answer	Description
4.	Cleaner tape	_____	D. Futures moving farther from the stocks than the RI “rubber band” allows
5.	Dynamic hedge pressure (overnight)	_____	E. Stream language that overnight can be cleaner than New York; situational, not absolute
6.	Accelerated risk range	_____	F. Rocket Scooter HV and HP marks published for overnight use
7.	Rubber band	_____	G. Confirm refresh, pull RI, mark gap geometry, note nearby levels, decide what dominates
8.	Open-interest data	_____	H. The speaker’s image for RI keeping futures from straying far from the stocks they track
9.	Estimate models	_____	I. Electronic futures hours outside the U.S. cash equity session
10.	Pre-cash procedure	_____	J. Overnight estimate replaced at 9:30 by the open-data-based MHP and WHP calculation

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ In this playbook, overnight and dynamic Rocket Scooter levels are drawn before or as cash opens.

2. _____ Overnight MHP and day MHP are the same level and can be used interchangeably.
3. _____ At 9:30 the options open-interest data reaches the servers and new monthly and weekly hedge-pressure levels are calculated.
4. _____ The speaker said he knows exactly why the overnight estimate is so strong.
5. _____ Overnight trading is often called cleaner, even though Matt doesn't always trade overnight himself.
6. _____ The chapter says New York is always cleaner than overnight.
7. _____ Futures can trade while cash equities are closed, and RI and overnight HV framing still apply.
8. _____ On stream, VARIS follows VWAP anchored at 9:30 and cannot be changed.
9. _____ **Setup:** It is two minutes before the cash open and overnight levels have not refreshed. Chapter 12 says to wait rather than invent them.
10. _____ **Setup:** Overnight, futures move much farther from the stocks than one RI. The speaker described this as a calm, normal condition.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. The overnight one is a _____ model; the intraday MHP comes out at the open.
2. With the options market closed, “dynamic” is the best overnight _____ of where dealers are positioned.
3. The speaker described overnight RI as a rubber _____.

4. If futures move farther than the rubber band, it can “_____.”
5. The Globex reopen gap and the _____ gap are different.
6. On stream, VARIS follows VWAP anchored at the _____ p.m. session open unless you re-anchor it.
7. Step 1 of the pre-cash procedure: confirm platform overnight and dynamic levels have _____.
8. Step 2: pull today’s _____ for the instruments you trade.
9. Some commentary says New York can be _____ than overnight.
10. Timing language heard on stream: “coming back up into _____ open.”

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. Why are overnight levels called first-class in this playbook?
 - A. They are optional decoration
 - B. They are only for gold
 - C. They replace RI
 - D. They are drawn before or as cash opens and are core marks, not decoration
2. What does the speaker say other firms do while U.S. numbers are unavailable?
 - A. Stop trading
 - B. Copy Rocket Scooter levels
 - C. Use VARIS only
 - D. Use estimate models, whose positions then hedge automatically through our session

3. What did the speaker do after describing the rubber band?
- A. Deleted VWAP
 - B. Drew a band one RI distance on both sides
 - C. Switched to options
 - D. Measured the half-gap
4. Which gap is meant by “gap fill” in resilience talk?
- A. The new-week gap only
 - B. The Globex reopen gap
 - C. The VARIS gap
 - D. The equities gap (4:00 p.m. close to 9:30 open)
5. Which is step 4 of the pre-cash procedure?
- A. Buy the open
 - B. Note nearest DD, MHP, and yellows relative to the gap
 - C. Ask chat for RI
 - D. Remove all marks
6. Which chapters does Chapter 12 link to for open-drive caution and platform refresh quirks?
- A. Chapter 05 and Chapter 13
 - B. Chapter 01 and Chapter 15
 - C. Chapter 14 and Chapter 02
 - D. Chapter 07 and Chapter 09

7. What does the final step of the pre-cash procedure ask you to decide?
- A. Whether overnight levels still dominate into the cash open or the gap story takes over
 - B. Which broker to use
 - C. How many indicators to add
 - D. Whether to skip the RI
8. **Setup:** You have an overnight MHP line and a new MHP line appears at the open. What should you do?
- A. Delete both
 - B. Average them
 - C. Label which one you are trading; they are separate levels
 - D. Assume they are identical
9. **Setup:** You trade only New York hours and never look at overnight marks. What might you miss?
- A. Part of the playbook, because overnight levels and context are first-class
 - B. Nothing; overnight is irrelevant
 - C. Only the RI number
 - D. Only the Discord
10. **Setup:** Cash equities are closed, but futures are trading after hours. Do RI and overnight HV framing still apply?
- A. Only on Fridays
 - B. Yes, they still apply
 - C. No, they only work in cash hours
 - D. Only for MES

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain why overnight and Globex context is “not an afterthought” in this playbook.
2. Explain what “dynamic” means and how overnight MHP differs from day MHP.
3. Describe the speaker’s rubber-band explanation of overnight RI.
4. Write out the pre-cash student procedure and explain why each step comes in that order.
5. How should the sentence “in reality we don’t know why” change how you describe the overnight estimate?
6. What will you do if overnight yellows are missing two minutes before the cash open?
7. How would you label overnight MHP and day MHP on your chart to avoid mix-ups?
8. How does the Globex open interact with half-gap marks from the prior cash close?
9. Which checklist items from Chapter 15 are overnight-specific?
10. Explain why the overnight estimate keeps mattering into the New York session, as the speaker described it, and how sure we can be.

Chapter 12 Spiral Test

After Chapter 12: Overnight / Globex Context

Covers: all earlier material, the Front Matter and Chapters 01 to 11.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Market avoidance	_____	A. Strong pivots with confluence (Ch. 09)
2.	Partial / runner	_____	B. Three-zone VARIS trade (Ch. 07)
3.	A+ setup	_____	C. Take some off at structure and leave a remainder (Ch. 10)
4.	Yacht	_____	D. Choosing not to trade when conditions fail your filters (Ch. 11)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ Chapter 11 says a strong pivot break is a warning, not an invite to average in large.
2. _____ Chapter 09 gives the full formula behind the size boxes.
3. _____ **Setup:** You have taken four forced trades. The textbook suggests stopping and returning to mechanical alerts only.
4. _____ **Setup:** Price never reaches your alerted level. Chapter 10 says to hunt for another entry nearby.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. Trade minimum size until you find an _____.
2. The size ladder ends with _____.
3. A host said one full RI is generally where traders get margin _____.
4. Half-gap is a midpoint; full fill returns to the prior _____.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which condition argues for patience in Chapter 11?
 - A. Strong confluence at a clean level
 - B. Agreement between ES and NQ
 - C. A clean reaction at a band
 - D. Flat open with chop

2. Which is a typical confluence ingredient in Chapter 09?
- A. Your mood
 - B. VWAP side
 - C. Last week's P&L
 - D. The weather
3. What did a host say about MHP levels that show up around 9:30?
- A. They are “really big levels”
 - B. They replace VWAP
 - C. They are never used
 - D. They are standard deviations
4. **Setup:** You are at an alerted DD band, VWAP agrees, but ARB and resilience disagree. What size fits?
- A. Double size
 - B. Small or skip, because confluence is mixed
 - C. Full size
 - D. Size does not depend on confluence

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Describe the “do not press” conditions (Ch. 11) and connect them to the size ladder (Ch. 09).
2. Explain how the mechanical backbone (Ch. 10) protects against inventing levels (Ch. 02, 08).
3. Compare the VARIS inner-band management examples (Ch. 07) with Chapter 10's management examples.

4. Explain how RI is used across Chapters 06, 07, and 11.

Chapter 13 Test: ARB and Resilience Tools

Chapter 13: ARB and Resilience Tools

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	ARB	_____	A. Strength or polarity read that Matt calls his gap-fill predictor
2.	Resilience	_____	B. The stream's word for ARB, because it reads a move that has not happened yet
3.	Mismatch tell	_____	C. Index value recomputed after letting moving stocks complete their calculated move
4.	Bookmap confluence	_____	D. What the implied value is divided by before comparing with futures

No.	Term	Answer	Description
5.	Minimum viable stack	_____	E. Confluence or scalp tell, often tied to half-gap behavior in stocks
6.	Implied value (ARB)	_____	F. Order-flow overlay answering how heavy a level is
7.	Leading indicator (ARB)	_____	G. One of the six studies Matt typically loads
8.	Index divisor	_____	H. When stuck, remove tools until only level and VWAP side remain
9.	Liquidity Map	_____	I. Levels plus RI, VWAP and VARIS, gap marks, ARB and resilience
10.	Subtracting tools	_____	J. ARB and price disagreeing; a cue to reassess

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ ARB is treated as a confluence or scalping tell, not a standalone crystal ball.
2. _____ Negative ARB means the implied value is above current futures.
3. _____ ARB includes stocks outside the box at face value, while resilience only pivots inside the box.
4. _____ The 29-point move ARB called on 2026-01-02 proves ARB is always right.

5. _____ Matt's definition slide reads: "RESILIENCE: Shows if index gaps are prone to filling based on arbitrage."
6. _____ Matt says Bookmap conflicts with Rocket Scooter and should not be used together.
7. _____ ARB is described as a more sensitive cousin of resilience that uses a different portion of the resilience code.
8. _____ The chapter says ARB alone is enough in chop, with no level needed.
9. _____ **Setup:** After a selloff, ARB flattens back to zero near the upper VARIS inner band. Chapter 13 says this can be a place to attempt a scalp with structure.
10. _____ **Setup:** Both ARB and resilience are negative at the cash open. Chapter 13 says this is the best time for gap-hold longs.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. ARB is an _____ indicator.
2. Above zero ARB means futures would need to go _____ to catch up.
3. Use resilience as context, ARB as timing or mismatch, and levels as _____.
4. In chat, RS answers where and Bookmap answers how _____.
5. On 2025-09-16 Matt said, "you know how we don't like _____ opens here."
6. Matt wanted resilience to come in "long and _____" before chasing the open.

7. The six studies include Liquidity Map, VARIS, Dynamic HP, Volume SMA
9, Resilience, and _____.
8. When stuck, remove tools until only level and _____ side remain.
9. ARB can go negative even while index price _____.
10. Resilience was designed around stocks sitting at halfway or _____
points.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. How does ARB build its comparison, per Matt's 2026-01-02 explanation?
- A. It builds an implied index value from stocks that have started to move and compares it with current futures
 - B. It averages the last ten candles
 - C. It reads the RI column
 - D. It uses yesterday's volume profile
2. Why is ARB called a leading indicator?
- A. It leads VWAP by one bar
 - B. It is published at 5:45
 - C. It reads a move that has not happened yet
 - D. It always moves first in the morning

3. How does ARB differ from resilience in what stocks they use?
- A. Resilience uses more stocks than ARB
 - B. ARB includes stocks outside the box at face value; resilience only pivots inside the box
 - C. They are identical
 - D. ARB uses only futures
4. What role does resilience play in the stack?
- A. Order size
 - B. Session anchor
 - C. Location
 - D. Context
5. Which is item 1 of the minimum viable tool stack?
- A. A news feed
 - B. Rocket Scooter levels plus RI numbers
 - C. Bookmap
 - D. A prop dashboard
6. What is the source for the six-study list?
- A. VerbonZone's personal ops file, 2026-09-23 and 2026-09-26
 - B. The CME website
 - C. A Discord poll
 - D. A prop-firm manual

7. Which is listed as an optional part of the stack?
- A. Levels
 - B. RI numbers
 - C. VWAP
 - D. Bookmap or depth
8. **Setup:** Price is rising while ARB goes negative. What half-gap story might this imply?
- A. The platform is broken
 - B. Stocks already tagged half-gap and momentum quality changed
 - C. The gap is the futures gap
 - D. RI must be recalculated
9. **Setup:** ARB is positive while price ticks down. What does Chapter 13 call this?
- A. Noise to ignore
 - B. A guaranteed long
 - C. A mismatch tell; pay attention and reassess
 - D. A reason to remove VWAP
10. **Setup:** You are overwhelmed by indicators and keep missing trades. What does the chapter suggest?
- A. Subtract tools down to level and VWAP side, then add ARB back
 - B. Add three more indicators
 - C. Trade without any level
 - D. Copy someone else's trades

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain how ARB works, using implied value, the index divisor, and current futures.
2. Compare ARB and resilience.
3. Describe how Matt uses ARB in practice.
4. Describe the minimum viable tool stack and the stuck-day protocol.
5. Explain why taking an ARB flip with no level is a mistake in this book.
6. Price rises while ARB goes negative. What half-gap story might that imply?
7. How would you explain resilience to a classmate in one sentence without promising fills?
8. Design a stuck-day protocol that removes tools in order. What goes first and what stays?
9. When both ARB and resilience are negative at the cash open, what long behaviors become harder to justify?
10. Explain ARB negative in one sentence using “implied value” and “futures,” without saying the index must fall.

Chapter 13 Spiral Test

After Chapter 13: ARB and Resilience Tools

Covers: all earlier material, the Front Matter and Chapters 01 to 12.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Accelerated risk range	_____	A. Partial agreement; usually small size or skip (Ch. 09)
2.	When not to press	_____	B. Price condition that cancels the thesis (Ch. 10)
3.	Invalidation	_____	C. Standing down or reducing when confluence, tape, or session quality fails (Ch. 11)
4.	Mixed confluence	_____	D. Futures moving farther from the stocks than the RI rubber band allows (Ch. 12)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ Overnight MHP and day MHP are two separate levels.
2. _____ Chapter 11 says the 88% figure is verified by this book.
3. _____ **Setup:** You have both an overnight MHP and a day MHP on the chart. Chapter 12 says to label which one you are trading.
4. _____ **Setup:** You want to take an MHP trade with negative confluence at full YOLO size. Chapter 10 supports that.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. At 9:30, options _____ data reaches the servers.
2. Choosing not to trade is called market _____.
3. Confluence chooses _____ more than it invents entries.
4. The inner VARIS band is about _____ an RI from VWAP.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which describes “dynamic” in Chapters 08 and 12?
 - A. The VARIS band
 - B. The overnight estimate of dealer positioning while options are closed
 - C. A moving average
 - D. A prop rule

2. Which is a stop location listed in Chapter 10?
- A. Beyond VWAP or beyond the invalidation side of the level
 - B. At the opposite outer band always
 - C. At the prior week's close
 - D. No stop
3. What does the speaker call the overnight RI?
- A. A rubber band
 - B. A gap
 - C. A ladder
 - D. A magnet
4. **Setup:** Overnight levels are late two minutes before cash open, and you remember yesterday's yellows. What do Chapters 02, 08, and 12 agree on?
- A. Skip RI
 - B. Use yesterday's yellows as today's
 - C. Draw your own from memory
 - D. Wait for refreshed marks; do not invent them

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain the pre-cash procedure (Ch. 12) using marks from Chapters 04 to 08.
2. How does Chapter 11's "when not to press" list connect to Chapter 10's mechanics?
3. Explain the difference between the equities gap and Globex reopen gap across Chapters 05 and 12.

4. Describe how VWAP's session anchor (Ch. 07, 12) and overnight handling (Ch. 03) can change your chart.

Chapter 14 Test: Instruments and Sessions (ES / NQ / MES Notes)

Chapter 14: Instruments and Sessions (ES / NQ / MES Notes)

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	ES / NQ divergence	_____	A. Label tens-of-hits topics “limited evidence” and refuse to overfit
2.	MES / MNQ	_____	B. Opening impulse trade; hosts often avoid it as a default
3.	Open drive	_____	C. A co-host’s description of buying the open on its own
4.	Session practice template	_____	D. A host’s remark, not a micro curriculum
5.	Futures data connection	_____	E. Caption or ticker label for NQ used on stream

No.	Term	Answer	Description
6.	ENQ	_____	F. Indexes disagree on fill, half-gap, or reclaim timing; compare before sizing
7.	F.US.MNQ26	_____	G. Needed for Rocket Scooter to show futures; named on stream as a CQG connection
8.	“A little bit of a naked trade”	_____	H. Overnight, pre-cash, first hour, midday, late day focus table
9.	Honesty rule for thin topics	_____	I. Micros sharing the RI family with ES and NQ; thin unique curriculum
10.	“Micros do the heavy lifting on expiration day”	_____	J. Micro NASDAQ ticker example from the platform’s RI table (tickers change)

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

- _____ The primary instruments on stream are NQ and ES, with MNQ and MES for smaller size.
- _____ The year-one corpus contains a full micros-only curriculum.
- _____ Each index has its own RI, so you pull both.
- _____ Rocket Scooter sells futures data directly.
- _____ The session practice table is a study template assembled from habits in this book, not a schedule Matt states.
- _____ Hosts usually buy the opening-drive trade as a default.

7. _____ On 2026-08-14, a band hit on one platform was missed by 6.5 points on another in an NQ versus MNQ comparison.
8. _____ Chapter 14 says to build a separate micros playbook beyond the notes given.
9. _____ **Setup:** NQ tags half-gap while ES has already filled the gap. Chapter 14 treats this divergence as a confluence fact to weigh before a “market” call.
10. _____ **Setup:** You trade MES and copy NQ’s RI onto your MES chart because micros share RI families. Chapter 14 supports this.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Micros are used for smaller risk, prop limits, or first _____ on an account.
2. MNQ RI is quoted beside _____; MES beside ES.
3. To display MNQ in Rocket Scooter you need futures _____.
4. A _____ connection was named as the futures data connection.
5. The open-drive topic has about _____ index hits.
6. The mes-mnq topic has about _____ index hits.
7. Gap geometry is measured from the prior ~4:00 p.m. Eastern close to the _____ open.
8. In the session template, the late day focus is _____ size and the same levels.
9. A co-host said buying the open alone is “not really my _____.”
10. Always compare _____ and NQ before sizing a “market” opinion.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. Which side instruments appear on stream with their own RI numbers?
 - A. Bitcoin and Ether
 - B. Corn and wheat
 - C. Euro and Yen
 - D. Gold and oil
2. What does the chapter say ES sometimes does?
 - A. Never moves
 - B. Has no RI
 - C. Already ran a move NQ is only now tagging
 - D. Always lags NQ
3. What is the example late-sample callout for micros?
 - A. MNQ 70 always
 - B. MES 288 always
 - C. No numbers were given
 - D. ENQ / MNQ about 288.75 and ES / MES about 71.25 that day
4. In the session template, what is the midday focus?
 - A. Closing the platform
 - B. Band-to-band and rocket touches with confluence
 - C. Buying the opening drive
 - D. Pulling overnight RI for the first time

5. Why does a co-host say he initiated trades at a decision block rather than buying the open?

- A. His broker forbids it
- B. The platform blocks the open
- C. RI is unknown at the open
- D. Buying the open alone is “a little bit of a naked trade”

6. What did a host say on 2026-05-05 about missing the opening drive?

- A. He would chase with double size
- B. He would not randomly trade just because he missed it
- C. He would switch to micros
- D. He would quit for the week

7. Which statement about the “smaller size late in the day” line is correct?

- A. It is this book’s suggestion, not a quoted rule
- B. It is Matt’s strict rule
- C. It is a prop requirement
- D. It is from the CME

8. **Setup:** A classmate asks for a “MES-only Rocket Scooter system.” What should you say?

- A. Here is the full MES system
- B. Copy NQ’s system with NQ’s RI
- C. The corpus has about 30 hits and no micros curriculum; do not invent one
- D. Micros need no RI

9. Setup: Overnight levels failed to refresh this morning. Which row of the session template is affected first?

- A. Overnight: dynamic and overnight HV and HP levels
- B. Late day
- C. None
- D. Midday

10. Setup: On 2026-05-08 a co-host found a long at the open tempting. What made that day different, in his words?

- A. ES had filled its gap
- B. It was expiration day
- C. It was not just the DD band and the open, but also the top of one of those zones
- D. ARB was exactly zero

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain how to use ES and NQ divergence in your plan.
2. Summarize what is known and what is thin about MES and MNQ.
3. Describe the session practice template and explain why the book calls it a study template.
4. Explain why open drive is treated as caution plus situational notes, not a strategy.
5. What is the honesty rule for thin topics, and how would you apply it in your notes?

- 6.** NQ tags half-gap while ES has already filled. How does that change your size and instrument choice?
- 7.** Why is copying NQ's RI onto a MES chart a category error?
- 8.** What single sentence would you write under "open drive" in your notes to stay honest?
- 9.** How does the session template change if overnight levels failed to refresh?
- 10.** One co-host calls a lone open buy "a little bit of a naked trade." What would have to be on the chart before you would call it dressed?

Chapter 14 Spiral Test

After Chapter 14: Instruments and Sessions (ES / NQ / MES Notes)

Covers: all earlier material, the Front Matter and Chapters 01 to 13.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Mismatch tell	_____	A. Separate levels; clarify which you trade (Ch. 12)
2.	Overnight MHP vs day MHP	_____	B. ARB and price disagreeing (Ch. 13)
3.	Minimum size until edge	_____	C. Level family, alert, wait, decide with confluence (Ch. 10)
4.	Mechanical backbone	_____	D. Stay small while learning what works (Ch. 11)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ ARB is called a leading indicator because it reads a move that has not happened yet.
2. _____ Resilience includes stocks outside the box at face value, while ARB only pivots inside the box.
3. _____ **Setup:** ARB and resilience are both negative at the open. Chapter 13 says be careful on gap-hold longs.
4. _____ **Setup:** Price is slicing through bands without reaction. Chapter 11 says this is a time to press harder.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. Use resilience as context, ARB as timing, and levels as _____.
2. At 9:30, new monthly and weekly _____ levels are calculated.
3. A Honda entry is band-to-_____.
4. The static RI is based on the previous day's _____.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. What does Bookmap answer in the RS and Bookmap pairing?
 - A. The session anchor
 - B. Today's RI
 - C. How heavy a level is
 - D. Where the level is

2. What is the first step of the pre-cash procedure?
- A. Ask chat
 - B. Confirm platform overnight and dynamic levels have refreshed
 - C. Buy the open
 - D. Pull last week's RI
3. Which is NOT a core habit in Chapter 11?
- A. Minimum size until edge
 - B. Size for volatility
 - C. Market avoidance
 - D. Averaging large into a broken MHP
4. **Setup:** Price touches a yellow line from below, VWAP is above you, and ARB and resilience are negative. What does the location-and-filter idea suggest you write before entry?
- A. Nothing; just enter
 - B. Only the time
 - C. The level, the VWAP side, the filters, and a confluence grade, then size to match
 - D. Only the RI

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain the minimum viable stack (Ch. 13) and how it maps to earlier chapters.
2. Describe how resilience is described in Chapters 04, 05, and 13.

3. Explain how overnight context (Ch. 12) and RI (Ch. 06) combine in the rubber-band idea.
4. Using Chapters 09 to 11, explain how a lone open tap should be sized.

Chapter 15 Test: Putting It Together (Day Checklist)

Chapter 15: Putting It Together (Day Checklist)

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Pre-trade checklist	_____	A. While in the trade
2.	Stuck-to-clip map	_____	B. Before the session (overnight to pre-cash)
3.	End-of-day review	_____	C. Before each entry (process)
4.	Thick vs thin practice	_____	D. Hard stops (process)
5.	Section A of the day checklist	_____	E. Prioritize strong corpus topics; label thin ones
6.	Section B	_____	F. After the session (judgment, not P&L)

No.	Term	Answer	Description
7.	Section C	_____	G. At the open and in the first hour
8.	Section D	_____	H. Seven-item stack from RI through a sized stop and target
9.	Section E	_____	I. Table mapping confusion topics to timestamped Watch links
10.	Section F	_____	J. Judgment review of process, not only P&L

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ Chapter 15 is built from Chapters 02 to 14 and adds no new trading rules.
2. _____ Every box in the day checklist is a quoted rule from the streams.
3. _____ The day checklist is organized by time: before the session, open and first hour, before entry, in the trade, after the session, and hard stops.
4. _____ The end-of-day review is mainly about P&L.
5. _____ In section C, if you cannot name your confluence ingredients, it is a feeling.
6. _____ The checklist says to buy the opening move whenever it is moving.
7. _____ Chapter 15 says the half-gap lecture is the only lecture page that exists today.
8. _____ Prop-rules and mes-mnq are listed as strong topics.

9. _____ **Setup:** It is a flat open. Section B says resilience is less useful, chop is likely, and patience is the default.
10. _____ **Setup:** You have taken four forced trades in a row. Section F says to keep trading until you get one winner.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Today's RI is read from the platform table: carrot, then the RARI / _____ column.
2. Know your chart's VWAP session _____ (6:00 p.m. Globex vs 9:30 New York).
3. VARIS bands are plotted from today's RI at plus or minus 0.5 and plus or minus _____.
4. Gap marked: prior close, open, half-gap, and full _____.
5. If price is not at my level, I am not _____.
6. Size matches the grade: strong means _____.
7. Mixed or weak means small or _____.
8. In section C, I know the _____ loss if the stop hits.
9. Tools offline: trade pure support and resistance _____, or sit out.
10. In the end-of-day review, pick one clip to rewatch from the stuck map, not from P&L _____.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. How many items are in the pre-trade checklist with topic keys?
 - A. Twenty
 - B. Three
 - C. Seven
 - D. Ten
2. Which section of the day checklist covers “If confluence flips against me, I reduce”?
 - A. D. While in the trade
 - B. A. Before the session
 - C. E. After the session
 - D. F. Hard stops
3. What is the first box in section A?
 - A. Buy the open
 - B. Review P&L
 - C. Grade confluence
 - D. Platform has refreshed; if overnight levels are late, wait
4. Which is listed under “Strong” in the strongest vs thinnest list?
 - A. Prop-rules
 - B. Open-drive
 - C. Half-gap and gap-fill
 - D. Mes-mnq

5. What does the stuck-to-clip map do?
- A. Replaces the chapters
 - B. Reopens the right Watch link without re-searching the year
 - C. Calculates RI
 - D. Grades confluence
6. In section B, what do you check about ES and NQ?
- A. Whether they agree on gap fill, half-gap, and VWAP, and say so if they split
 - B. Which one has a higher price
 - C. Which one is more popular
 - D. Nothing
7. Where does the checklist stop and personal risk rules begin, according to the chapter's questions?
- A. The checklist includes all prop rules
 - B. There are no personal rules
 - C. Personal risk rules (prop, firm, account) are yours and outside this checklist
 - D. Chapter 15 sets your account limits
8. **Setup:** You realize you are averaging into a broken strong pivot with bad confluence. Which checklist box are you violating?
- A. Section E: rewatch one clip
 - B. Section B: flat open
 - C. Section A: RI read
 - D. Section D: not averaging into a broken strong pivot with bad confluence

9. Setup: You had a day with no trades. Which section of the checklist clearly still applies?

- A. None
- B. Section E after-session review, plus section A preparation
- C. Only section D
- D. Only section F

10. Setup: Before an entry you have a level and VWAP side, but you have not marked a stop. Which section is incomplete?

- A. Section E only
- B. Section C: stop and first target marked, and dollar loss known
- C. No section covers stops
- D. Section A only

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Describe the six sections of the day checklist and give one box from each.
2. Explain why some checklist boxes are marked “process” and what that tells a student.
3. Which checklist boxes can be done before the session and which only live? Why does the order matter?
4. Compare strong and thin topics and explain how next week’s practice should differ for each.
5. Describe the end-of-day review and why it judges process rather than P&L.
6. Which checklist item would have prevented your last forced trade? Explain using the checklist sections.

7. How will you use the stuck-to-clip map without turning study into binge-watching?
8. Write a five-line end-of-day review template you will actually fill out.
9. Which three boxes in section C would you keep if you could only keep three, and why?
10. After a day with no trades, which sections of the checklist still apply, and what would you review?

Chapter 15 Spiral Test

After Chapter 15: Putting It Together (Day Checklist)

Covers: all earlier material, the Front Matter and Chapters 01 to 14.

Name: _____ Date: _____

Directions: This test has five parts with 4 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (4 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Open drive	_____	A. Index value recomputed after moving stocks complete their calculated move (Ch. 13)
2.	Implied value (ARB)	_____	B. Opening impulse trade, often avoided as a default (Ch. 14)
3.	Globex / overnight session	_____	C. Matt's name for resilience (Ch. 05)
4.	Gap-fill predictor framing	_____	D. Electronic futures hours outside the U.S. cash session (Ch. 12)

Part 2: True or False (4 questions)

Write T if the statement is true or F if it is false.

1. _____ Rocket Scooter shows futures only with futures data from a connected brokerage.
2. _____ ARB negative means the index must fall.
3. _____ **Setup:** NQ has tagged half-gap and ES already filled. Chapters 09 and 14 say compare indexes before forming a market opinion.
4. _____ **Setup:** The platform's overnight levels are late at the bell, so you draw yesterday's MHP as today's. Chapters 02 and 12 approve.

Part 3: Fill in the Blank (4 questions)

Write the missing word or words on the line.

1. MES shares the RI family with _____.
2. Matt's six studies include Volume SMA _____.
3. Overnight RI was described as a rubber _____.
4. A host's example dollar cutoff was \$_____.

Part 4: Multiple Choice (4 questions)

Circle the letter of the best answer.

1. Which is a thin topic with about 54 index hits?
 - A. VWAP
 - B. Risk interval
 - C. Open drive
 - D. Half-gap

2. Which describes Bookmap's role?
- A. Optional order-flow confluence for how heavy a level is
 - B. A prop rule
 - C. The session anchor
 - D. The source of RI
3. What does the size ladder do as confluence fades?
- A. Moves from normal to medium to small to sit out
 - B. Doubles each step
 - C. Moves toward bigger size
 - D. Stays fixed
4. **Setup:** You trade MNQ and need its RI. Where do you read it?
- A. A standard deviation tool
 - B. The platform's RI table, MNQ row, quoted beside NQ
 - C. The ES row
 - D. A stream from last month

Part 5: Essay (4 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Trace one trading morning from the pre-cash procedure (Ch. 12) through an entry decision (Ch. 09, 10).
2. Explain how thin topics are handled across Chapters 00, 11, and 14.
3. Compare DD bands, VARIS bands, and MHP as levels.
4. Using Chapters 05, 13, and 14, explain how resilience and ES and NQ divergence affect a gap-fill trade.

Final Test A

Cumulative test on the whole book (Front Matter, Chapters 01 to 15, and the Study Guide)

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Risk interval (RI)	_____	A. Monthly hedge-pressure line that predicts high volume (Ch. 08)
2.	VARIS	_____	B. Arbitrage indicator used as a confluence and scalp tell (Ch. 13)
3.	DD bands	_____	C. Overnight, pre-cash, first hour, midday, late day focus table (Ch. 14)
4.	Half-gap	_____	D. Per-instrument, day-refreshed distance from CME-margin-style math (Ch. 06)

No.	Term	Answer	Description
5.	MHP	_____	E. Level family, alert, wait, decide with confluence (Ch. 10)
6.	ARB	_____	F. Midpoint between prior session close and today's open (Ch. 04)
7.	Size ladder	_____	G. Dynamic RI bands centered on VWAP (Ch. 07)
8.	Mechanical backbone	_____	H. Choosing not to trade when conditions fail your filters (Ch. 11)
9.	Market avoidance	_____	I. Normal, medium, small, sit out (Ch. 09)
10.	Session practice template	_____	J. Static RI pivots from the prior close (Ch. 06, 07)

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ Rocket Scooter is both a platform and a way of reading the day.
2. _____ RI is a standard-deviation band.
3. _____ The equities gap runs from about 4:00 p.m. Eastern close to the 9:30 Eastern open.
4. _____ The inner VARIS band is one full RI from VWAP.
5. _____ Overnight MHP and day MHP are two separate levels.
6. _____ Every gap fills.
7. _____ Without a level, filters alone are rarely enough.

8. _____ The micros (MES and MNQ) have a full separate curriculum in the year-one corpus.

9. _____ **Setup:** ES and NQ disagree on gap fill. The book says compare indexes and wait or size down before forming a market opinion.

10. _____ **Setup:** Your platform rolled new data, but you keep the morning RI on your chart. The book approves because RI rarely changes.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. VWAP stands for volume-weighted _____ price.

2. To read RI, click the _____ at the bottom of the platform.

3. The new-week half-gap runs from Friday close to _____ open.

4. Matt calls resilience his gap-fill _____.

5. Static RI levels are the _____ bands.

6. Four zones on the VARIS ladder is a _____ trade.

7. Rocket Scooter aims to _____ where volume will be.

8. Location answers where; filters answer whether and how _____.

9. Trade _____ size until you find an edge.

10. ARB is called a _____ indicator because it reads a move that has not happened yet.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. What is the role of VWAP in the playbook?
 - A. The source of RI
 - B. Center line and bias hinge that VARIS hangs on
 - C. A news feed
 - D. A prop-firm rule
2. Which gap is meant by “gap fill” in resilience talk?
 - A. The VARIS gap
 - B. The overnight range
 - C. The equities gap
 - D. The futures reopen gap
3. What does a host say one full RI generally represents?
 - A. The half-gap
 - B. Where traders are getting margin called
 - C. Where every trade must exit
 - D. A standard deviation
4. Which describes “dynamic” in Rocket Scooter language?
 - A. A Bookmap setting
 - B. A VWAP-based band
 - C. A moving stop
 - D. The overnight level, an estimate of dealer positioning while options are closed

5. What does confluence mainly decide?
- A. RI
 - B. Size
 - C. The broker
 - D. The session anchor
6. Which is a target listed in Chapter 10?
- A. Your monthly income goal
 - B. A random round number
 - C. The RI column
 - D. Next band, half-gap, gap-fill, or opposing rocket level
7. Which is a thin topic?
- A. Open-drive theory
 - B. VWAP
 - C. Half-gap
 - D. Confluence
8. **Setup:** Overnight levels have not published two minutes before the cash open. What does the book say to do?
- A. Wait for refreshed marks; do not invent them
 - B. Skip RI
 - C. Draw yesterday's lines as today's
 - D. Buy the open

9. Setup: A host-style inner-band long gets a five-minute candle close outside the inner band. What did the host describe?

- A. Add size
- B. Move the stop
- C. Ignore it
- D. Wait for a retest from the other side and exit for a small loss

10. Setup: Price is rising but ARB turns negative near half-gap. What might this mean?

- A. The new week began
- B. RI changed
- C. Stocks already tagged half-gap and momentum quality changed
- D. The platform is offline

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain how RI, DD bands, and VARIS bands are related.
2. Describe the half-gap procedure and the “fill, float, or fail” question.
3. Explain the size ladder and the difference between location and filters.
4. Describe the pre-cash procedure for overnight and Globex context.
5. Explain how a student should treat thin topics and day-example numbers.
6. Explain the difference between the equities gap and the futures gap, and connect it to resilience.
7. Describe the mechanical backbone and the pre-entry checklist.
8. Explain why the overnight dynamic level and the day MHP must be labeled separately.

- 9.** Explain how to use ES and NQ together in Rocket Scooter analysis.
- 10.** Describe at least four “do not press” conditions and how they connect to market avoidance.

Final Test B

Cumulative test on the whole book (Front Matter, Chapters 01 to 15, and the Study Guide)

Name: _____ Date: _____

Directions: This test has five parts with 10 questions each: matching, true or false, fill in the blank, multiple choice, and essay. Questions in each part move from recall to understanding to application. Questions marked **Setup** describe a chart situation in words; choose the read or action this book teaches. Write essay answers on separate paper. Answers are in Appendix D: Answer Key.

Part 1: Matching (10 questions)

Match each term with its description. Write the letter of the description in the Answer column. Each letter is used once.

No.	Term	Answer	Description
1.	Line of interest	_____	A. One-zone, band-to-band VARIS trade (Ch. 07)
2.	Gap-fill	_____	B. Sudden-event move of more than one RI (Ch. 06, 11)
3.	Honda	_____	C. ARB and price disagreeing (Ch. 13)
4.	Rocket / yellow / HV level	_____	D. Agreement among independent reads that grades size (Ch. 09)
5.	Confluence	_____	E. Table mapping confusion topics to Watch links (Ch. 15)

No.	Term	Answer	Description
6.	Max cutoff	_____	F. Futures moving farther than the RI rubber band allows (Ch. 12)
7.	Catalyst	_____	G. Dollar loss limit worked out as a price range before sizing (Ch. 10)
8.	Accelerated risk range	_____	H. Return toward the prior close, closing the opening gap (Ch. 05)
9.	Mismatch tell	_____	I. Predicted high-volume pivot (Ch. 08)
10.	Stuck-to-clip map	_____	J. VWAP's role as magnet and bias hinge (Ch. 03)

Part 2: True or False (10 questions)

Write T if the statement is true or F if it is false.

1. _____ VARIS needs today's RI number from the platform to plot correctly.
2. _____ The VWAP flanks are standard-deviation bands.
3. _____ Weak confluence means small or skip, even if the geometric fill looks obvious.
4. _____ The boot-camp 75% / 90% MHP claims are guarantees.
5. _____ ARB includes stocks outside the box at face value, while resilience only pivots inside the box.
6. _____ Open, close, and half-gap plays are called A+ by the hosts.
7. _____ On stream, VWAP was described as anchored at the 6:00 p.m. session open, with an option to anchor at 9:30.

8. _____ Rocket Scooter sells futures data.
9. _____ **Setup:** You have taken four forced trades in a row. The book's hard stop says stop and return to alerts only.
10. _____ **Setup:** A strong pivot like MHP breaks with bad confluence. The book says average in large at the next weaker pivot.

Part 3: Fill in the Blank (10 questions)

Write the missing word or words on the line.

1. Rocket Scooter's setup help path: Discord platform setup, then _____.
2. VWAP plus or minus RI is the same principle as DD bands, but _____.
3. Half-gap is the _____ between prior close and open.
4. A futures gap exists when the futures market shuts down and _____.
5. CME updates margin requirements at the end of every _____.
6. A two-zone VARIS trade is a _____.
7. MHP is based on the maximum _____ exposure for dealer-hedged options.
8. A host said "a lot of times ES will lead _____."
9. If confluence flips against you mid-trade, _____.
10. Use resilience as context, ARB as timing, and levels as _____.

Part 4: Multiple Choice (10 questions)

Circle the letter of the best answer.

1. What does the platform publish?
 - A. RI numbers, DD, overnight and dynamic levels, HV pivots, scanners
 - B. Trade signals with guaranteed results
 - C. Prop-firm rules
 - D. Your P&L
2. What is “containment” in Chapter 03?
 - A. A volume spike
 - B. A prop rule
 - C. A stop order
 - D. Price tending to respect VWAP plus or minus RI distances
3. What did Matt say about gap-fill and index value?
 - A. Index value never changes
 - B. Gaps never fill
 - C. There is more to index value than just the gap-fill arbitrage
 - D. Gap-fill is all that matters
4. Which order is the zone ladder?
 - A. Lambo, yacht, Honda, retirement
 - B. Honda, Lambo, yacht, retirement
 - C. Yacht, Honda, Lambo, retirement
 - D. Retirement, Honda, yacht, Lambo

5. Which is the first step of the mechanical backbone?
- A. Pick your level family
 - B. Chase the move
 - C. Ask for a signal
 - D. Double size
6. What figures did Matt quote as a rule of thumb on a flat-open day?
- A. 100% close inside
 - B. 75% and 90%
 - C. About 88% of days close between the green lines, 4% break up, 8% below
 - D. 50% and 50%
7. How should “in reality we don’t know why” shape your description of the overnight estimate?
- A. Claim a precise mechanism
 - B. Ignore overnight levels
 - C. Treat it as a prop rule
 - D. Describe the cause with humility; it is uncertain
8. **Setup:** Price touches a yellow line, sits below VWAP, and ARB is negative, and you want to go long. How should you grade it?
- A. Strong because yellow lines always hold
 - B. Strong; full size
 - C. No grade needed
 - D. Weak or mixed; small or skip

9. Setup: You are long from VWAP aiming at the upper inner band. What community name fits, and where might invalidation go?

- A. A yacht; stop at the outer band
- B. A Honda; invalidation beyond VWAP
- C. A retirement trade; no stop
- D. A catalyst; no plan

10. Setup: A classmate wants a “MES-only Rocket Scooter system” from this book. What is the honest answer?

- A. Micros need no RI
- B. Use NQ’s RI on MES
- C. The corpus has about 30 hits and no micros curriculum; the book will not invent one
- D. Here is a full MES system

Part 5: Essay (10 questions)

Answer in full sentences. Use only what the textbook teaches.

1. Explain the difference between the platform, the strategy, and community overlays, and how they come together on a trading day.
2. Explain how resilience relates to gap-fill and why the book adds a direction caution.
3. Describe how to manage a trade from entry to exit using Chapters 07 and 10.
4. Explain how ARB works and how it is used with resilience and levels.
5. Describe the day checklist and how it ties the book together.
6. Explain why RI must be pulled fresh each day and from the correct instrument row.

7. Explain predicted high-volume pivots and why confluence upgrades a rocket touch.
8. Describe the VWAP session anchor and how it changes VARIS.
9. Explain the minimum viable tool stack and what to do on a stuck day.
10. Explain how the textbook separates quoted teaching from its own suggestions, with three examples.